

St Columba's Catholic College, Springwood

The Dove

"IT'S ALL ABOUT LEARNING AND HAVING HIGH EXPECTATIONS OF OURSELVES AND EACH OTHER"

Dear members of the St Columba's community

"The risen life is not easy; it is also a dying life. The presence of the Resurrection in our lives means the presence of the Cross-, for we do not rise with Christ unless we first die with him. It is by the Cross that we enter the dynamism of creative transformation, the dynamism of resurrection and renewal, the dynamism of love." ~Thomas Merton

Thank you to each and every one of you for the wonderful experience of learning here at the College this term.

Term Two, Week 1

Term two begins with a professional learning day for staff on Monday, April 29, with all students returning to the College on Tuesday April 30 **in full winter uniform.**

NAPLAN 2019 Weeks 3 & 4

Students in Years 3, 5, 7 and 9 will this year be sitting for a battery of tests designed for the National Assessment Program for Literacy and Numeracy in Weeks 3 & 4

Testing will take place over two weeks with all students across Australia being assessed.

Parents, you will receive feedback about your son or daughter's performance as soon as possible, which will indicate to you how you child performed in the tests compared to other students across Australia. This report will also indicate:

- Whether or not your child achieved the National benchmark in reading, writing, language conventions and numeracy
- What band your child achieved in reading, writing, language conventions and numeracy
- What the National average was for students in reading, writing, language conventions and numeracy.

If you would like any further information about the National tests you can go to the websites at

www.nap.edu.au/naplan/parent-carer-support/index.html

All details regarding the dates for each test in NAPLAN will be published by the Leader of Learning for Literacy and Numeracy Ms Candice Ferey and will be sent out through Skoolbag and the College Website.

Term 1 Friday 5th April, 2019 Volume: 47 No: 5

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Upcoming Events: Week 11

Mon 8 Apr 2019
Year 11 & 12 Visual Arts Art Express Excursion

Tue 9 Apr 2019

- 11:10 Holy Week Liturgy
- HSIE/English Incursion

Wed 10 Apr 2019

- 09:00 Yr 8 Brainstorm Performance
- 14:00 Students sign out from 2pm
- 14:15 Year 11 and 12 Parent Teacher Night
- NSWCCC Touch
- PDSSSC Season 1 Round 9 6

Fri 12 Apr 2019

Last day of Term 1

Term 2 <u>Week 1</u> Mon 29 Apr 2019

Staff Development- PED Day - Pupil Free

Tue 30 Apr 2019

- Students return for Term 2
- PDSSSC Teams Tennis

Wed 1 May 2019

- 15:45 Year 7, 2020 Interviews
- NSWCCC Girls AFL Trials
- Year 7 Geography Excursion

Thu 2 May 2019

PDSSSC Season 1 Round 10

Fri 3 May 2019PDSSSC Cross Country Carnival

Parent/Teacher/Student Interviews

Interviews for all students in Years 7, 8, 9 and 10 will be taking place towards the end of June and early July.

Dates for these interviews are:

Wednesday 26^{th} June (2.15pm - 7.00pm) Wednesday 3^{rd} July (2.15pm - 7.00pm)

These learning interviews are critical in supporting your son or daughter and feedback of this nature will always help their motivation and overall performance.

Year 8 & 10 Subject Market

On Wednesday June 12 there will be an information evening for Year 8 &10 students and families to help with subject choices for Year 9 and Year 11 2020.

Students in Year 10 will be guided by their teachers as to what courses they are best suited to study in Years 11 and 12, to optimise results and career opportunities.

May God bless you always,

Mr Paul Ryan Principal From the Office

School Fees

Thank you to the families who have finalised the first instalment of the 2019 fees. The due date for payment was Friday 29th March, 2019. Thank you also to the families who have commenced their Flexible Payment Plan arrangements.

N.B. If you were on a payment arrangement for 2018 (except Flexible Payment Plan or Salary Sacrifice) it is important that you contact me so that I am aware of your intentions for the 2019 fees.

Please be advised that unless alternative arrangements have been made with the Principal, the Business Manager or me, fees are payable in accordance with the Diocesan School Fees Policy which states "all fees are due and payable within 30 days of the date the school account statement is issued."

If you are having difficulties with the payment of your school fees, I encourage you to contact me on 4754 8902 or <u>rvion@parra.catholic.edu.au</u> to discuss payment options. The Catholic Education Office is committed to supporting families experiencing genuine financial hardship. Please be assured of complete confidentiality when discussing financial issues.

The school fee collection process has commenced on overdue accounts that have not been addressed as above.

School fees can be paid by Bpoint, Bpay, Postbillpay, Direct Debit, cash, EFTPOS, Credit Card or cheque.

Withdrawal of a Student: A full terms notice (10 school weeks) in writing must be given to the Principal before a parent/guardian terminates the Student's enrolment. If sufficient notice of termination of the Student's enrolment is not given, the parent/guardian is to pay the School one term's school fees including any Diocesan Fees applicable. This amount reflects the School's financial loss associated with the Student's withdrawal without sufficient notice of termination. One exception is that notice in writing will be accepted at any time during Term 4 in relation to the following year's enrolment.

Split Accounts: Please note that the College does not recognise 50/50 split of accounts. Enrolment signatories are joint and severally responsible for payment of fees. This means that both enrolment signatories are equally responsible for the payment of 100% of the total amount owing on the school fees account and not a proportion of it. If you have any questions regarding this, please don't hesitate to contact me.

Ms Roselee Vion, Senior Finance Officer

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	>> Web: http://www.stcolumbasspringwood.catholic.edu.au/	
Hct Justly, Love Tenderly	and Walk Humbly with our God	



ProACTive GROUP

Children with Anxiety - Group Treatment Program

Many children and adults experience anxiety. If the anxiety is stopping your child from doing the things they usually enjoy, parents may want to do something to help them overcome their anxiety. Being a parent of an anxious child can be very challenging and the anxiety will often impact the child and effect the whole family.

This is an eight week group program for anxious children (for primary school aged children in Years 3-6) and their parents to teach skills to assist them to manage their anxiety. This group is being run by Primary Care and Community Health Child and Family Counsellors.

When:-	Tuesdays, 8 weeks, 7 May-25 June 2019
Time:-	5.00-6.30 pm
Where:-	Springwood Community Health Centre (288-292 Macquarie Road, Springwood)
Cost: -	Free
Registration:-	Register by contacting the
	Central Referral Service on 1800 222 608
Contacts:-	Pauline (phone 4730 5100) or Virginia (phone 9833 6800)
	Nepean Blue Mountains Local Health District ABN 31 910 677 424

Providing health services to the communities of

Hawkesbury

Penrith

Blue

Mountains

Greater

Lithgow

Student News

Thursday Sport Journalism Team.

Every Thursday afternoon students have been writing articles as part of the Journalism team. To help share their articles to a wider audience, they have created a google site!

Just click the link below and you will be able to read their articles.

So far students in Yr 8 have written about how to choose a sport for Thursday afternoons and interviewed students about their choices, and students in Yr 7, 8, and 9 have written an article about stress and what to do if you feel over-stressed.

They are currently working on an article which explains what the satellite out the front of the College is.

Link to Journalism Team Site:

https://sites.google.com/parrastu.catholic.edu.au/journalsquad/articles

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PDSSSC Touch Football Teams

Next week we have 7 students who are competing in the NSWCCC Touch Football competition in Nelson Bay. We congratulate Molly Jones, Jake McSpadden, Riley Barglik, Patrick Moore, Patrick Bourke, Riley Pagitz and Will Ticehurst on their selection into PDSSSC Touch Teams. We wish them and their respective teams the best of luck for their competition next week.



PDSSSC Swimming Carnival

On the 29th March our swimming team competed at the PDSSSC Swimming carnival.



Congratulations to all students on how they represented our College and for our outstanding results. St Columba's was awarded 1st place for winning boys school and we achieved overall 2nd place for the carnival.

Congratulations to Chloe Kimmings and Haig Buckingham who were awarded age champions. Haig Buckingham set two new records in the 50m

St Columba's PDSSSC Swimming Team Chloe Kimmings, Hunter Kelly, Jack Walker, Eleni Graham, Ellie Parkinson, Ellie Watson, Stephen Graham, Zach Konstantinoff, Daniel Kime, Emillia Konstantinoff, Callum Wamsley, Charlie Griffith, Haig Buckingham, Rieley Fisher, Alex Mills, Samuel Stanford, Tom Chung, Patrick Dickson, Jasmine Cook, Isabelle Iversen, Olivia Kohler, Benjamin Robinson, Kane Tarrant, Brenna Tarrant

Breaststroke and 100m Breastroke

Our intermediate relay team comprised of Haig



Buckingham, Callum Wamsley, Rieley Fisher and Charles Griffith. They set two new records in the 4x50m freestyle relay and the 4x50m medley relay.

We wish all swimmers the best of luck at the NSWCCC Swimming Carnival which will be held on the 4^{th} of April.



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Athletics News

This week Monique Quirk, Georgie Purcell and Matilda Ryan competed at the National Athletics Championships in Sydney across a number of events. We look forward to hearing of their results when they return to school in the coming week.

Congratulations to Monique Quirk who recently competed at NSW State Athletics in the U20 200m event with a time of 24:04. This time is a potential qualifying time for the World Championships that will take place next year!

Congratulations to Georgie Purcell who is currently holds the quickest U16 girls 800m time in the World!

Hockey News

Recently Annie Buckley of year 12 has been selected in the NSWCCC Open Girls Hockey Team. We congratulate Annie on her selection and wish her the best of luck the State competition in coming weeks and with the NSWCCC team at the Tri Series Tournament in June.

Triathlon News

We would like to extend a big congratulations to Kaitlin Bell who has had wonderful results at her various triathlon competitions recently. Last December Kaitlin competed in the State 16-19 years Triathlon event and placed 4th, more recently Kaitlin competed in Canberra where she placed 1st. This qualifies Kaitlin for the World Triathlon Championships that will be held in Switzerland in August. Well done Kaitlin on your wonderful achievements in Triathlons!





AFL News

We wish Brenna Tarrant the best of luck in her upcoming trials for the Western Sydney Giants VFL team and the state squad. Brenna is currently playing with the Western Sydney Academy of Sport.

Miss Lisa Nyburg & Ms Chelsea Gawthorne PDHPE and Sport Leaders of Learning

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Facebook Posts



St Columba's Catholic College Celebrates is 😔 feeling inspired. 25 March at 9:56 am · 🕥

Busking for Project Compassion - Ethan Houlihan of Year 7 has been playing his guitar before school and at recess and lunch to raise money for Project Compassion! What a great initiative Ethan! So, this Friday all students can busk and perform at recess and lunch to raise money for Project

Compassion! 🎶 🎸 🎤 💰



St Columba's Catholic College Celebrates 28 March at 9:25 am · 🕢

On Wednesday the Year 10 Commerce students visited Penrith Law Courts as part of their study of law and society.

The students were able to sit in actual cases in the Local Court and District Court. There were a range of cases evident which allowed students to learn about legal processes, the role of legal personnel and the provision of legal assistance to those in need of such services

A magistrate kindly offered his time to speak to the students about the legal hierarchy and the processes taking place in the court rooms during their visit. Overall, the students thought it was a valuable experience and gave them practical insights into what they are learning about in class.



St Columba's Catholic College Celebrates Friday at 2:19 pm · 🔾

Well done to our Swimming Team who competed at the PDSSSC Carnival today. All swimmers represented our College with pride and we wish those students progressing through to NSWCCC the best of luck next Friday, 🛶 🛶



Act Pustly.



St Columba's Catholic College Celebrates is 😃 feeling thankful. 27 March at 10:45 am · 🕢

Vinnies Van - a huge thank you to our volunteer students and teachers who go out twice a month to help Vinnies deliver food and resources to people in need.

St Columba's is proud to have supported this service for over 20 years and we love how every year there are students and teachers who volunteer to help Vinnies keep this service running.

Students in Yr 10-12 say that they are thankful for the opportunity to help others and to see the positive impact this help has. Last week the 4 student volunteers made up over 50 sandwiches verv quickly and handed them out along with drinks and snacks. They also said it was great to chat with lots of people. We also want to thank Vinnies who every week provide services to people in need





St Columba's Catholic College Celebrates is 14 attending Pdsssc Swimming Championships at Sydney Olympic Park Aquatic Centre. 29 March at 8:55 am • Sydney Olympic Park • 🐊 ...

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Walk Humbly with our

↔ Wishing all our swimmers luck today at the PDSSSC Swimming Championships.





Today we celebrated 150 years of the Periodic Table - with cupcakes and some flame tests! We had yummy cupcakes for the elements - Who wants to try the Ra or As ones? Or maybe get in quick to take the Ag, Pt, or Au ones! Senior students worked with some Yr 7 students on flame tests - different elements produce different flame colours! 🦂

St Columba's Catholic College Celebrates

27 March at 5:30 pm · 🔾

Year 9 Retreat

St Columba's Catholic College Celebrates

The Year 9 Retreat program asks students to think about how what they value influences their identity and choice of relationships. The 'rope tie' activity with blindfolded teams prompted students to reflect on these questions: "To whom do I entrust myself?" and "On whom can I really rely?"

...

Students concluded that people whose friends accept each other's differences and allow each other to make their own choices are the most free, and they make the biggest contribution- they feel good about themselves and are the most secure and welcoming people you can meet.

The prayer service at the end of the day invited students to be anointed by our Year 11 leaders as a sign of mutual support and strengthening in responding to the call to live as followers of Jesus



St Columba's Catholic College Celebrates is 🐸 feeling excited. 29 March at 1:24 pm · 🥥

Happening now - busking for Caritas! Lots of great music being played at the moment - with coins being donated for Project Compassion!





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Émail: www.stcolumbas@parra.catholic.edu.au 🥂 Web: http://www.stcolumbasspringwood.catholic.edu.au/ Love Tenderly and

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St Columba's Catholic College Celebrates Tuesday at 12:05 pm · 🥥

Welcome to St Columba's Kanon Kamishima! Kanon is our new Japanese exchange student from Hokusetsu Sanda Senior High School. She arrived last Sunday morning and started with us on Monday. Currently Kanon is staying with the Hurley family who have generously hosted many of our exchange students. Kanon will be with us for the next year welcome Kanon!



St Columba's Catholic College



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St Columba's Catholic College Celebrates Yesterday at 3:50 pm · 🥥

Year 11 experienced ideas about unity and the practical applications of this idea in their lives with the help of Walk4one Samuel Clear during their retreat today. Sam's amazing walk for unity was inspirational for us all.

Year 11, you are to be commended on your maturity, positivity and engagement during all of the activities today!





This week Yr 9 held a coin line challenge to see which Homeroom could create the longest line with the coins they had donated for Project Compassion. The winning homeroom was 9.1 with a line almost 19m long! We hope you enjoyed your donut reward this morning!

While having a competition is fun, we are so proud of every student who has donated any coins to Project Compassion. What we value is recognising the needs other people have and then responding by choosing to donate coins to Caritas so they are able to help showing compassion towards others and acting. We done to every student!



Celebrates

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St Columba's Catholic College

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St Columba's Catholic College Students ... 24 March at 4:46 pm · 🥥

This Tuesday our school will be partaking in Epilepsy Awareness Day. It will be a mufti day and the theme is purple. Students are encouraged to bring a gold coin donation for Epilepsy Action Australia, alongside purple themed cakes for a cake stall. Happy baking







Celebrates

hrs · 🕥





St Columba's Catholic College Students 28 March at 6:01 pm · 🥥

Tomorrow students will be using their musical gifts to busk for Caritas during recess and lunchtime. During this Lenten season we encourage students to think about others and give generously to Project Compassion. If you have any change, feel free to bring it tomorrow and donate as the buskers play, or contribute it to your homeroom Project compassion box.





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From the Library

Student eBook Of The Week 🔍







https://goo.gl/wjDN3M

Years 9 - 12

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Celia and Alice share everything – their secrets, their hopes and now their increasing horror that a killer is on the loose, abducting schoolgirls just like them. Three bodies have been found, each shrouded in hand-woven fabric. From within the depths of a police investigation, clues start to emerge. As Alice and Celia discover the truth, danger is closer than anyone knows. Who can be trusted at a time like this?



learning exchange

Secondary Catalogue

Categories Agriculture Arts • Economics & Business English Geography History Languages Legal Studies Mathematics Personal Development -Physical Education Psychology, Religion, Society & Culture . Science . Teacher Professional Development Technologies -VET -



Support your children's classwork and self-learning with ClickView, our school's educational video platform. Our ClickView video libraries contain thousands of curated educational videos that are aligned to the Australian Curriculum and designed to reinforce learning.

All of our students have online access to thousands of educational programmes, movies and TV shows to support the school's curriculum and students learning. This online access means that every student can access videos easily at home for research, assignments and homework in a safe environment.

www.online.clickview.com.au

Clickview for Students

https://clickview.wistia.com/medias/1mtv3vnvmf

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Mrs Belinda Sefton Teacher Librarian

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Careers News

UNI

UAC Applications are opening 3 April

You are able to apply for undergraduate and international as well as Schools Recommendation Schemes, Educational Access Schemes and Equity Scholarships. Read more.

Want some advice on applying for uni? - UAC

29 March. 12.30pm

We can help. Put 12.30pm Friday 29 March in your diary and find out more.

Educational Access Schemes (EAS) - UAC

Institutions acknowledge that difficult circumstances can prevent students from reaching their true academic potential, particularly if their educational performance has been affected by long-term disadvantage beyond their control and choosing. Educational Access Schemes (EAS) can help you gain access to tertiary study if your ATAR is below the course cut-off.

Find out more.

Law UNSW LAT Test Reminder- UAC

3 October

The Law Admission Test (LAT) is a selection test developed to assess the types of aptitudes and skills that are critical to success in undergraduate level law program at UNSW Sydney.

Visit the LAT website for further information. Medicine and Medical Sciences Reminder–UAC

Some institutions will require you to sit the University Clinical Aptitude Test (UCAT). Find out more. A summary of these requirements can be found in the Medicine and Medical Sciences fact sheet.

University of Sydney - Explore Engineering Winter School

Applications open in April

18-19 July

Years: 9–10. Through this two-day intensive workshop on campus you will discover more about the range of disciplines and careers available in engineering. You will experience the latest technologies while participating in hands-on activities, visiting laboratories and industry sites such as Google. Places are limited.

https://sydney.edu.au/engineering/study-engineeringand-it/why-study-here/high-school-students/years-9-and-10.html

ACU Uni Step-up – Paramedicine, Nursing, Midwifery, **Exercise, Sport Science, Teaching**

Re- Partner Schools. Take your first step into uni at ACU. Our Uni Step-Up program is your chance to experience university life by joining us on campus to study a first-year unit while you're still in Year 11 or Year 12.

To register your interest or get more information, please contact 02 9701 4606.

https://www.acu.edu.au/about-acu/communityengagement/widening-participation/uni-step-up

University of Wollongong Open Day

Saturday 3 August

Save the date! This is a chance for students, parents and teachers to tour our campus, check out the accommodation options, join one of the many info sessions and talk with current students and lecturers. Visit the UOW Open Day website for more information.

Southern Cross University Personal Campus Tour

In the meantime, should you live in or be visiting one of our beautiful campus regions, you are welcome to take a personalised guided tour, which will give you the chance to look around and meet staff on campus. Bookings for campus tours are essential. Please email campustours@scu.edu.au or phone 1800 626 481 Western Sydney University Free HSC Study

8 to 12 July

Our free HSC Study Sessions are happening between 8 -12 July. These sessions are run by experienced HSC teachers to help you excel in your HSC exams and assessments.

Each session will be structured around the subject syllabus. There will also be plenty of opportunities for you to ask questions

https://www.westernsydney.edu.au/future/studentlife/events/free-hsc-study-sessions.html

Apply to ANU – A Simple Step by Step Guide

Ready to begin your undergraduate studies at ANU? Tick your application off your list so it's one less thing you need to think about. There are different ways to apply to ANU, the best way for you to apply depends on your circumstances.

http://www.anu.edu.au/study/apply/domesticapplications-anu-undergraduate

University of Canberra Alternative Entry

UC offers a number of entry initiatives that give applicants the opportunity to gain entry via alternative schemes. Adjustment factors are available to a range of eligible undergraduate students and are points that are added to your Australian Tertiary Admission Rank (ATAR) or entry rank to give you an adjusted entry score. UC offers three types of adjustment factors: Subject adjustments, Educational Access Scheme (EAS) and University Priority Groups.

The Schools Recommendation Scheme (SRS) is available to current Year 12 students and provides an opportunity to secure an offer to a UC undergraduate course if recommended by their school.

<u>Special consideration</u> is available to all applicants to UC who have experienced circumstances that have impacted or disadvantaged their previous study who do not meet the criteria to receive bonus points.

Portfolio entry is offered by the Faculty of Arts and Design (FAD) for all applicants seeking entry to an undergraduate FAD course.

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HSC Music Day – University of Newcastle

24 May. 9am

The University of Newcastle's Conservatorium of Music is excited to be presenting HSC Music Day again in 2019, this year with some exciting program additions and presenters. Year 11 and 12 music students are invited to experience an exciting program which will focus on Australian music and include performances by Encore nominees (2018), local artists, valuable presentations by HSC markers and a selection of performance, composition, musicology and aural skills workshops.

https://www.newcastle.edu.au/events/community-andalumni/the-conservatorium/hsc-music-day-2019

UTS Law Mentoring Program

Each mentor group is led by senior year UTS Law students who volunteer their time to share their experiences and offer helpful advice to new students settling into the study of law. Having the benefit of someone else's hindsight can be invaluable for university students seeking to plan their future careers.

As part of UTS Law's mentoring programme, high achieving students are paired with influential members of the legal profession for a 12 month period.

https://www.uts.edu.au/current-students/current-studentsinformation-faculty-law/student-support-and-mentoring **CSU Open Days**

New in 2019! Discover everything we have to offer. Step inside our state-of-the-art facilities, meet our teaching staff and get a real taste of university life. Whether you're choosing your first degree or moving into postgraduate study, visit us at Open Day and see where CSU can take you. Open Day dates for 2019 are:

- Bathurst Sunday 4 August
- Wagga Wagga Sunday 11 August •
- Albury-Wodonga Sunday 18 August •
- Port Macquarie Sunday 25 August •
- Dubbo Friday 30 August
- Orange – Friday 6 September

https://futurestudents.csu.edu.au/unilife/social/events

TAFE

TAFE InfoFest 2019

24 to 28 June

Registration for info sessions and tours opens in May. Check back for listed options at each location.

TAFE NSW has over 1,200 courses, diplomas and degrees, so whether you're looking to get qualified faster, change careers, get a promotion or just gain the skills to be your own boss, you can explore options.

At InfoFest 2019 you can attend information sessions to hear from teachers about specific course content and delivery, and have all of your questions answered. You'll also get the opportunity to tour the campus and view our state-of-the-art facilities, guided by friendly and informative staff, happy to assist you with course information, help with your enrolment, or provide you with great career advice.

https://www.tafensw.edu.au/infofest

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HTN Aspire - Selective Hospitality Program

Apply here soon

Total Chef Aspire is a selective program which includes an intensive 4 week course – a quality

apprenticeship, supported by dedicated Mentor Chefs. Gain entry into the world of cooking in some of Australia's best kitchens,

with credit towards a Certificate III in Commercial Cookery.

http://htn.com.au/aspire/ Women in Trades Videos

Skills shortages, advances in machine technology and a shift in attitude are just some of the factors that have led to the acceptance and encouragement of women taking part in traditionally 'male' trades. Some key industries that now persuade women to get involved are Automotive, Building & Construction, IT, Manufacturing, Engineering, Mining and Rural & Farming.

http://www.skillsone.com.au/category/women-in-trades/ Free Pre-Apprenticeship Courses – Automotive, **Construction and Business**

Apprenticeships R Us alongside My Trade Start is conducting automotive, construction and business preapprenticeship courses until the end of April. Courses are NSW Government funded for individuals aged 15-24 and run for 2 weeks, followed by work placement. Spots are filling quickly. Contact Apprenticeships R Us today to book in for an interview on 02 9891 6900.

COLLEGES

AIE Open Day

18 May

Discover the courses designed to get you started in game development, 3D animation and visual effects. Sydney, Melbourne Canberra and Adelaide campuses will be opening their doors to visitors eager to find out about upcoming full-time and part-time courses. The day will include presentations on different areas of industry to get into as well as information about AIE full-time and parttime courses and entry requirements. Student work will be on display and our teachers will be available to speak with you one on one about our courses and how you can get into a creative career.

https://aie.edu.au/aie event/open-day/ **AIE Gaming and VR April School Holiday Courses**

9.30am until 4.30pm.

Il participants will receive a certificate of completion. I Students are encouraged to bring a USB stick to save their work.

For more information on any of these courses please contact our Student Liaison Officer on 02 8514 8800 or email us at sydney@aie.edu.au

https://aie.edu.au/course/sydney-holiday-courses/ A Day in the Life Free Creative Workshops

Saturday 13th April - 9:30am to 1:30pm

46-52 Mountain Street, Ultimo

Still deciding which creative course or career to aim for? Spend a day with us, at Uni, and discover what a day in

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Web: <u>http://www.stcolumbasspringwood.catholic.edu.au/</u> Het, Justly, Love Tenderly and Walk Humbly with our

the life of a design or gaming student is really like. Our workshops are free, and an ideal way to get a feel for what you like, what you don't like and where you might see yourself in the future.

- Communication (Graphic) Design
- Interior Design
- Branded Fashion Design
- Photography
- Digital Media
- Gaming

https://www.torrens.edu.au/about/events-andworkshops/day-in-the-life-creative-workshops-sydney-2 Sydney Design School Open Day

Saturday 25 May 10am – 12pm

Level 2, 40 Oxley Street, St Leonards

Bring your friends and family and join us for our Open Day. Immerse yourself in the exciting world of interior design and get creative building your own moodboard. Our Director, Amanda Grace, will be giving a 30 minute presentation at 10.45am covering everything you need to know about our career courses and flexible learning options. To attend, simply register your details below. https://sydneydesignschool.com.au/informationsessions/

AFTRS Winter Intensives

Whether you're an industry professional needing to boost your skill set or a beginner wanting to explore a new side of your creativity, we have a Winter Intensive course to suit you.

Our Winter Intensives are taught by expert industry practitioners, who have recent, significant, industry experience Radio Intensive

- Lighting Fundamentals Intensive
- TV & Radio Presenting Intensive

Screenwriting Intensive

Filmmaking Intensive

Writing For Documentary and TV Intensive

Narrative Comedy

Prop Making

Full details go to:

http://www.aftrs.edu.au/short-courses/winter-intensives International College of Management, Sydney (ICMS) -

Scholarships and Sponsorships

In 2018, ICMS and its industry partners awarded 82 scholarships, worth approximately \$1.2 million, as part of the Professional Scholarship Program. Find out more. ICMS is proud to announce <u>a three-year partnership</u> with Surf Life Saving Sydney Northern Beaches (SLSSNB). They support their ethos and stand alongside surf lifesavers as key players in our area, working together for the betterment of the broader community of which ICMS students are a part. In line with this mutually beneficial partnership, SLSSNB has launched a new <u>scholarship</u> for an ICMS student currently studying for a Bachelor of Sports Management or Bachelor of Events Management degree.

Endeavour College of Natural Health Complementary Medicine Webinar

17 April. 7pm to 8pm

Join an interactive webinar to find out all you need to know about enrolling and studying at Endeavour College of Natural Health.

https://www.endeavour.edu.au/futurestudents/events/21901

GENERAL

Nursing Scholarships - Plan for Your Future New South Wales Health Nursing & Midwifery Scholarships Australian College of Nursing South Australian Premier's Nursing and Midwifery Scholarship Department of Health Western Australia – Nursing and Midwifery Office Scholarships Australian College of Nursing Emerging Nurse Leader Program Edith Cavell Trust Scholarship Lions Nurses' Scholarship HETI Undergraduate Clinical Placement Grants

Your Free Guide to Making Your Nursing Career Nurses can have a <u>massive and lasting impact</u> in the lives of those they treat. Registered nurse Laurie Bickhoff <u>expands on that beautifully here</u>. The scope of what people are doing with a nursing degree is expanding, and Australian College of Nursing CEO Debra Thoms speaks about <u>nurse leadership from the ward to the boardroom</u>. <u>https://www.myhealthcareer.com.au/nursing-career/</u> QANTAS Cabin Crew Hiring

Apply by 31 March

It's time to get your CV updated and there's not a minute to spare – Qantas has just opened up applications for new cabin crew to join its international fleet in Brisbane, Melbourne and Sydney. But the application window closes on Sunday 31st March so we hope you're prepared. https://www.paddleyourownkanoo.com/2019/03/15/app lications-now-being-accepted-qantas-hiring-internationalcabin-crew/#.XJrng7hS_IU

How to Choose a Degree When You're Unsure - STEM

There's so much pressure to choose your career straight out of high school – how do you know if you've gotten it right? We've compiled some essential tips on how to choose an undergraduate degree when you're just not sure, that should ease even the most worried mind. Read more: <u>https://careerswithstem.com/undergraduatedegree-advice/</u>

What Will the Future Workforce Look Like?

It is no secret that the job paths and skills of young Australians are about to experience significant change, moving away from routine, manual tasks into a world of automation and critical innovation. This great shift in the working order has seen a change in priorities both at work and in career trajectories, with an increasing number of young people being left behind as the working world moves forward. <u>Read more here.</u>

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Het Justly. Love Tenderly and Walk Humbly with our God

Your Rights at Work

Starting work can be an exciting time. While every workplace is different, there are rights and responsibilities that apply to all employees.

When you start a new job, you might get told things, or asked to do things that don't seem quite right. Find out about common myths and tips to help you.

https://www.fairwork.gov.au/find-help-for/youngworkers-and-students

Handling Conflict in the Workplace

Anywhere there are groups of people working together then there'll also be competing ideas, values and beliefs. And that can mean that even the most cohesive teams can still experience conflict in the workplace. Read more: https://www.migas.com.au/news/how-to-handle-conflictin-the-workplace/

The ATOM Photo Comp 2019

Closes 10 May

Isower Secondary (Years 7–9)

Upper Secondary (Years 10–12)

The **ATOM Photo Comp** is an initiative of Australian Teachers of Media (ATOM). It provides Australian and New Zealand student and adult photographers with the opportunity to submit a set of three (3) photographs adhering to a theme, and win fantastic prizes in the process.

The theme for the 2019 competition is Texture \$1000 prize for the secondary categories. http://atomphotocomp.org/entry-system/

Farm of the Future - Royal Easter Show

12 to 23 April. 9.30am - 6.30pm

Today's farmers need to know how to blend cutting edge technology with the best of nature, and that's where the Farm of the Future can help. The integration of technology with people and ecosytems is laid bare for all to discover. See how birds and bats benefit farmers with pollination, seed dispersal and pest control. Get your hands muddy digging around and conducting soil tests. Feel live cotton and learn about water through the ages - we simply can't live without it. Microscopes and magnifying glasses will help you look a little closer, whilst drones, sensors and satellites will help you see further afield. It's a hands-on look at farming for today and the next generation.

http://www.eastershow.com.au/exploreplan/education/farm-of-the-future/ **Interactive ICT Career Wheel**

Find out about every possible IT career here: https://www.careersfoundation.com.au/ **Australian Mathematics Competition** Thursday 1 August

Entries close: 21 June (Paper), 25 July (Online)

School-based maths competitions don't get much bigger than this—with more than 15 million entries since 1978 and students in more than 30 countries attempting the same problems each year.

https://www.amt.edu.au/australian-mathematics**competition**

Aviation Expo 2019 - Plan to be there

17 August

Aviation Expo in Brisbane showcases the thriving aerospace industry, with a significant focus on aviation skills development, careers and employment opportunities.

The Aircraft Experience Zone will once again be a major attraction, featuring a range of iconic aircraft that visitors will have the unique opportunity to see up close and perhaps even go on board.

The Aviation Expo also features dozens of exhibitors from the aviation, defence and education industries who will inspire and educate visitors about the range of interesting roles available in aviation.

https://www.aviationaustralia.aero/aviation-expo-2019/ **Program Your Own Musical Instrument** 23 April

Power House Museum 500 Harris Street, Ultimo Ages 13 to 16. In this workshop we will introduce you to making programs that use the movement of the device to control properties of the sound, allowing you to

experiment with the design of new digital instruments or sonic toys. The workshop will introduce basic programming and sound synthesis concepts from first principles.

https://maas.museum/event/program-your-own-musicalinstrument-ages-13-16/

Walk the History of Interior Design in Australia - The **Ideal Home Art and Design**

To 19 May. Power House Museum 500 Harris Street, Ultimo. The exhibition at the Powerhouse Museum showcases avant-garde mid-century art and design for the modern domestic environment. Key objects will reveal how Australian artists, architect, designers embraced utopian European ideas of modernism, the language of abstract forms, and a vision that art and design had an important role to play in society. https://maas.museum/event/idealhome/

Thoroughbred Industry Careers Launched

Attention - Students who have a love of horses! Thoroughbred Industry Careers has been established to promote careers within the billion dollar Thoroughbred Breeding and Racing Industry. For all students who may have an interest in horses, whether that be working directly or indirectly with them, the Thoroughbred Industry offers many careers opportunities.

Scholarship Opportunities for Future Teachers High Demand Teacher Subjects

https://www.teach.nsw.edu.au/exploreteaching/highdemand-teachers

High Demand Teaching Locations

https://www.teach.nsw.edu.au/find-teachingjobs/choose-rural

Up to 220 Teacher Education Scholarships are available to future teachers of mathematics, science (with

physics), selected Technological and Applied Studies (TAS) subjects or special education (K-12). Receive alerts to apply on time: https://nsw.us3.list-

manage.com/subscribe?u=1b73da7775cca263240290668&id=0c f616fad5

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FINAL PROGRAM

emPOWER

Indigenous Electrical Apprenticeship Readiness Program

EMPOWERED

IS THIS COURSE FOR YOU?

- Aboriginal or Torres Strait Islander people from anywhere in NSW Aged 16-24 years (school students who have not completed Year 10 can co-enrol)
- Not afraid of heights or enclosed spaces
- Able to distinguish between colours

WHO FUNDS THE PROGRAM?

You pay no course fees. This program is funded by the Australian Government Department of Jobs and Small Business, as part of the Empowering YOUth Initiatives.

The program is run by Mulga Gidgee, NECA Electrical Apprenticeships and TAFE NSW.

WHAT'S AFTER THE COURSE?

NECA Electrical Apprenticeships and other organisations employ many graduates as apprentices.

"At the start of this course, I was very nervous and didn't think this was the course for me. I felt very overwhelmed because I hadn't done maths in a number of years" "I was not confident with my math skills at all!" "However, by simply turning up every day and working hard, I was able to achieve

perfect test results and felt a great sense of pride." "This course has taught me to believe in

"This course has taught me to believe in myself and amazing things can happen" Kalem McLean (pictured)

> RTO 90002/90003. Terms and conditions may apply. Information is correct at time of printing: July 2018

Dr John Taccori Careers Advisor

WHEN AND WHERE

TAFENSW Eora College (Redfern) Final program starting April 29, 2019

WHAT'S IN THIS COURSE FOR YOU

- Highly sought after electrical apprenticeship
 A job that pays minimum \$550 per week in
- your 1st year
- A Life long career

THE JOURNEY

- 10 week course at TAFE Abstudy approved
- Work experience
- New maths skills you've only dreamed of
- NECA uniform
- Lunch every day



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Diocesan News

\$1000 Literary Award for Senior Secondary Students (Ref: 21/19)

Applications are invited from senior secondary students residing in Australia or New Zealand for the 2019 Liam and Frankie Davison Award for outstanding achievement in literary writing on an issue in women's health thanks to the Royal Australian and New Zealand College of Obstetricians and Gynecologists (RANZCOG).

Applications opened 31 January and close Tuesday 30 April 2019.

This \$1000* award provides an exciting opportunity for students, whether they are interested in medicine, science, health, sociology, politics or law. Launched in 2014, the award was renamed in 2015 in honour of RANZCOG staff member and award-winning author, Liam Davison and his wife Frankie, a secondary school teacher, in recognition of their shared passion for nurturing and encouraging young writers.

Entrants can write about any issue in women's health that interests them. Previous submissions have included fictional and non-fictional pieces addressing a broad range of issues including anorexia, child marriage, pregnancy in third world countries, assisted reproductive technology and violence against women.

For further information please contact the RANZCOG Foundation Coordinator by email at Ifdaward@ranzcog.edu.au or see the attached flyer.

Join St Patrick's Cathedral Choir

St Patrick's Cathedral Choir, Parramatta is recruiting singers! This is an exciting opportunity to join a group of highly talented musicians. Choral scholarships are also available to singers who demonstrate advanced vocal skills and musical leadership qualities. For further information visit stpatscathedral.com.au/music or contact the Music Director, Bernard Kirkpatrick on 0430 431 884.

Palm Sunday Procession: 14 April

The annual Palm Sunday procession is on again. Process with Bishop Vincent from Parramatta Town Hall to St Patrick's Cathedral for a World Youth Day Mass and Event on Palm Sunday. Starting at 5:20pm. Register at: parracatholic.org/cyp

Good Friday Night Walk: 19 April

Join over 1,500 youth and young adults on Good Friday from 10pm on one of two overnight 'routes of reflection' from either Guildford Parish or Blacktown Parish, through five parishes to St Patrick's Cathedral, Parramatta. Registrations are mandatory. More details at: parracatholic.org/cyp

Women in Leadership: 4 - 7 July

The Benedictine Abbey, Jamberoo invites women of any age and any experience in formal leadership positions, and for those who exercise leadership without a formal title in business, schools, homes, offices, parishes, anywhere to the Women in Leadership workshop. The aim is to support women to explore their unique gifts – as people, as women and as leaders. 4-7 July. 02 4236 0533 or cottageretreats@jamberooabbey.org.au for more information.

Bishop's Lenten Appeal

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The Ephpheta Centre, supported by the Parramatta Catholic Foundation, gives hope, compassion, connectivity and care to the deaf and hard of hearing. Your kind-hearted support will provide chaplaincy and pastoral care for the vulnerable and isolated, in homes, hospitals, prison and aged-care facilities. Please be a channel of hope and give generously via the Appeal envelopes or online at yourcatholicfoundation.org.au/appeal.

Volunteers Urgently Needed for Visiting Residents of Aged Care Facility

Are you interested in visiting an elderly person in a nursing home who has no or very few visitors? This service is organised through CatholicCare. You would visit on average once every two weeks with CatholicCare providing training and other support. After talking with you about your interests, we will match you with a resident in a nursing home within approximately 10km of your home. The visit is entirely within the nursing home - you do not take the person on outings or shopping etc. For more information, contact Deb Woolacott on 0418 114 055 or deb.woolacott@ccss.org.au.

For more events please go to: http://parracatholic.org/events/

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Community News







ProACTive GROUP

Children with Anxiety - Group Treatment Program

Many children and adults experience anxiety. If the anxiety is stopping your child from doing the things they usually enjoy, parents may want to do something to help them overcome their anxiety. Being a parent of an anxious child can be very challenging and the anxiety will often impact the child and effect the whole family

This is an eight week group program for anxious children (for primary school aged children in Years 3-6) and their parents to teach skills to assist them to manage their anxiety. This group is being run by Primary Care and Community Health Child and Family Counsellors.

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When:-	Tuesdays, 8 weeks, 7 May-25 June 2019
Time:-	5.00-6.30 pm
Where:-	Springwood Community Health Centre (288-292 Macquarie Road, Springwood)
Cost: -	Free
Registration:-	Register by contacting the Central Referral Service on 1800 222 608
Contacts:-	Pauline (phone 4730 5100) or Virginia (phone 9833 6800)
	Nepean Blue Mountains Local Health District ABN 31 910 677 424

What's On at Penrith Observatory in April 2019

Date: Saturday 13 April 2019

Event name: Public Astronomy Night: Getting your head around the universe

Event details: Speaker – Dr Luke Barnes

Just how big is the universe? We'll take our time to tour the universe, starting on Earth, and ending with the most

distant places our telescopes can see. No maths - just imagination

Includes presentation, short 3D movie, tour of the dome and viewing of the night sky through a range of telescopes (weather permitting)

\$18.00 Adult

\$12.00 Child/Concession

\$50.00 Family (2 adults + 2 children)

Children under 3 years of age free.

IMPORTANT: Parents/Carers are responsible for and must remain with their children at all times.

BOOKINGS VIA OUR WEBSITE ESSENTIAL

Time: 7pm – 9pm Venue Address: Penrith Observatory (Building AO), Western Sydney University, Werrington North campus, Great Western Highway, Werrington 2747

Contact phone or website for public enquiries and bookings:

https://www.westernsydney.edu.au/observatorypenrith/penrith_observatory/whats_on Facebook Event: https://www.facebook.com/events/2644574188918206/

Date: Thursday 18 April 2019

Event name: Hands On Workshop: Rockets

Event details: Speaker – Ms Raelene Sommer

A workshop designed for children ages 4 - 12 but lots of fun for all ages.

Build and launch paper rockets using compressed air and watch a demonstration of a model rocket launch. Includes presentation, short 3D movie and safe viewing of the Sun through a telescope (weather permitting). PLEASE NOTE:

Parents/carers to remain with children at all times.

All attendees (parents/carers) require a workshop attendee ticket (\$12).

There is plenty to enjoy as part of the workshop, a presentation, 3D movie, and a chance to look at the Sun safely through a telescope.

We encourage any adults that wish to participate in building and launching a rocket to purchase additional rocket kits (\$5) to join in the fun.

All children must have a child ticket which includes the rocket kit (\$17).

All children are expected to participate in building and launching a paper rocket. BOOKINGS VIA OUR WEBSITE ESSENTIAL

Time: 10am - 12pm

Venue Address: Penrith Observatory (Building AO), Western Sydney University, Werrington North campus, Great Western Highway, Werrington 2747

Contact phone or website for public enquiries and bookings:

https://www.westernsydney.edu.au/observatorypenrith/penrith observatory/whats on Facebook Event: https://www.facebook.com/events/2087752987998230/

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