



# The Dove

**Term 1**  
**Friday 22<sup>nd</sup> March, 2019**  
**Volume: 47 No: 4**

"IT'S ALL ABOUT LEARNING  
AND HAVING HIGH EXPECTATIONS  
OF OURSELVES AND EACH OTHER"

## *In this issue:*

1. Principal's Address
2. From the Office
3. Student News
4. Library News
5. Careers
6. Diocesan News
7. Community Announcements

## **Upcoming Events:**

### Week 9

- NAPLAN Online Practice Tests  
(Years 7 & 9)

#### **Mon 25 Mar 2019**

- NSWCCC Hockey
- City of the Arts Young Writers Program

#### **Tue 26 Mar 2019**

- 11:00 Yr 7 Naplan Online Practice Test
- NSW All Schools Tennis
- Year 10 Commerce Excursion – Penrith Law Courts

#### **Wed 27 Mar 2019**

- Yr 7 Brainstorm Performance
- 13:00 Yr 9 Naplan - P6-P5 (reversed for today)

#### **Thu 28 Mar 2019**

- 12:00 PDSSSC Season 1 Round 7

#### **Fri 29 Mar 2019**

- Vaccination Day (Visit 1)
- PDSSSC Swimming Carnival

### Week 10

#### **Mon 1 Apr 2019**

- Football Gala Day Selections (Wildcards)
- City of the Arts Young Writers Program

#### **Thu 4 Apr 2019**

- Year 11 Retreat Day
- 12:00 PDSSSC Season 1 Round 8

#### **Fri 5 Apr 2019**

- NSWCCC Swimming Carnival

## *Dear members of the St Columba's community*

### **Harmony Day – "I am, you are, we are Australians"**

Upon driving up the driveway of the College and turning in the Turning Circle many of you would have seen posted on the notice board the simple but profound words that capture so beautifully the ideal of living in harmony with one another in this great country of ours, "I am, you are, we are Australians". An ideal that we constantly need to remind ourselves of, particularly in light of the terrorist attack against our Muslim brothers and sisters in New Zealand

At our Assembly this week I reminded all the students and staff that we are called to live our lives as peacemakers and a people who at all times promote and believe in the dignity of all human beings. To help the students understand this more profoundly I asked the students to stand up when they heard their country of origin being named and as each group stood up and proudly acknowledged their heritage the assembly went quiet and we welcomed them to Australia with applause.

As you could imagine the diversity within our community was typical of our multicultural heritage within Australia, but for students and the teachers, it was a reminder to us all that the fabric of our community is blessed with the life blood and richness of so many cultures who yearn for the same thing, to be treated with dignity and respect.

When I was reflecting later that day I remembered reading a simple story that speaks to this for all human beings.

### **'The Two Lions.'**

*A wise teacher was educating his students about human nature.*

*He told them, 'a battle is going on within me. It's a dreadful battle and it's between two great lions.*

*One lion is wicked; he is fear, rage, jealousy, sadness, greed, pride, self-pity, shame, hatred, weakness, lies, disrespect, laziness and superiority.*

*The other lion is good; he is happiness, harmony, love, respect, trust, sharing, peace, compassion, friendship, understanding, generosity, truth, kindness and loyalty.*

*The teacher said to the students that 'this same battle is going on inside you and inside every other person as well.'*

*The students considered his words and then one asked the teacher, 'which lion will win?'*

*The teacher replied thoughtfully, 'the one you feed the most.'*

I suppose for all of us we have to ask ourselves which lion are we feeding the most?

May God bless you always,

**Mr Paul Ryan**  
**Principal**

## From the Assistant Principal

### Instrumental Music Program



We have a number of instruments, including voice, being taught at the College as part of our Instrumental Music Program. These instruments include: guitar, piano, voice, violin, trumpet and cello. All lessons are conducted during school hours and cost \$35 for a half hour individual lesson.

If students are interested in taking up this wonderful opportunity and learning an instrument, notes can be collected from Student Services. Please contact Miss Muscat on 4754 8900 if you have any questions.

**Ms Carol Muscat**  
**Assistant Principal**



# From the Office

## School Fees

School fee statements for the first instalment of school fees for 2019 (Billing Period 1 – 29/01/2019-17/05/2019) have been mailed out. The due date for payment is on or before Wednesday 20<sup>th</sup> March 2019. However, due to issues delaying the posting of the 2019 fee statements, Catholic Education Office, Parramatta, have extended the due date for payment to Friday 29<sup>th</sup> March 2019. If you have not yet received your statement, please contact me on 4754 8902 to arrange for a copy to be sent home.

The cutoff date for returning the required paperwork for the payment of the 2019 school fees by way of the Flexible Payment Plan to the Catholic Education Office, Parramatta, is 22<sup>nd</sup> March 2019. The Catholic Education Office will not accept late requests. If you would like to pay the 2019 fees as per the amounts shown on the Flexible Payment Plan paperwork but have missed the cutoff date, please contact me as soon as possible so that I am able to set the arrangement up for you.

Catholic Education Diocese, Parramatta, is committed to supporting families experiencing genuine financial hardship. If you are having difficulties with the payment of your school fees, you are encouraged to contact the school office to arrange an appointment with either me or the Business Manager to discuss payment options. Your situation will be treated with care and understanding and an appropriate payment arrangement will be made for you. Please note that as part of this process you may be required to complete an Application for School Fees Assistance so that the school is aware of your current financial situation. Please be assured of **complete confidentiality** with regards to any information you are asked to provide.

**N.B. If you were on a payment arrangement for 2018 (except Flexible Payment Plan or Salary Sacrifice) it is important that you contact me when you receive your Billing Period 1 statement so that I am aware of your intentions for the 2019 fees.**

**Payment Due Date:** Please be advised that unless alternative arrangements have been made regarding the payment of your account it will be assumed that full payment of all Fees and Charges for the Current Term Fees will be made on or before the due date. Fees are payable in accordance with the Diocesan School Fees Policy which states “all fees are due and payable within 30 days of the date the school account statement is issued”. Outstanding accounts will be forwarded to Catholic Education Diocese, Parramatta, for actioning.

**Withdrawal of a Student:** A full terms notice (10 school weeks) in writing must be given to the Principal before a parent/guardian terminates the Student’s enrolment. If sufficient notice of termination of the Student’s enrolment is not given, the parent/guardian is to pay the School one term’s school fees including any Diocesan Fees applicable. This amount reflects the School’s financial loss associated with the Student’s withdrawal without sufficient notice of termination. One exception is that notice in writing will be accepted at any time during Term 4 in relation to the following year’s enrolment.

School fees can be paid by Bpoint, Bpay, Postbillpay, cash, Direct Debit, EFTPOS, credit card or cheque.

If you need to discuss any issues regarding the school fees, please contact me by phone on 4754 8902 or by email [rvion@parra.catholic.edu.au](mailto:rvion@parra.catholic.edu.au)

**Ms Roselee Vion**  
**Senior Finance Officer**





## ADOLESCENT SCOLIOSIS SPINAL CURVATURE

### The National Self-Detection Program for Scoliosis

A HEALTH PROMOTION PROGRAM  
RECOMMENDED BY THE SPINE SOCIETY  
OF AUSTRALIA. THE PROGRAM IS  
ENDORSED BY THE PAEDIATRICS AND  
CHILD HEALTH DIVISION OF THE ROYAL  
AUSTRALASIAN COLLEGE OF PHYSICIANS.

## How to detect Scoliosis.

*Helpful information for  
schoolgirls in years 5 and 7  
and their parents.*

### What is scoliosis?

Scoliosis is a lateral or sideways curve of the spine. The spine also rotates on its long axis as it curves. It usually develops during early adolescence (age 10-13 years) when growth is most rapid.

### What is the cause of scoliosis?

The cause is unknown, but 80-90% of cases occur in otherwise healthy adolescents. This is called idiopathic (cause unknown) scoliosis.

We know that scoliosis is NOT contagious and NOT caused by bad posture, a soft mattress, carrying a heavy school bag or eating junk food.

### Why is early detection important?

While very small curves are common and of no significance, about 2% of girls have a curve which warrants medical observation during the growth period. Three girls per 1,000 will require treatment during the growth phase.

If treatment is required, the earlier it is undertaken, the better the long-term result. This is the basis for screening since in the early stages scoliosis produces no symptoms. The way to detect scoliosis is to look for it!

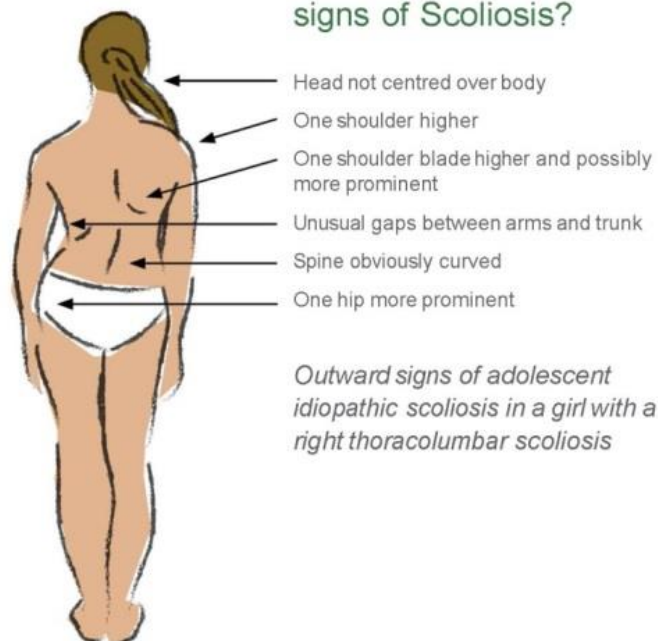
### The National Self-Detection Program for Scoliosis

This information is designed to make parents of schoolgirls aware of the outward signs of scoliosis.

Each year, all government and non-government girls' schools will be asked and by a direct approach to school principals, to download the *Self-Detection Fact Sheet* from [www.scoliosis-australia.org](http://www.scoliosis-australia.org) and distribute it to girls in Years 5 and 7 (10 and 12 years of age in most states and territories).

This is the age range when scoliosis first appears. If after reading the Fact Sheet you or your parents think you may have this condition, please consult your family doctor.

### What are the outward signs of Scoliosis?



*Outward signs of adolescent idiopathic scoliosis in a girl with a right thoracolumbar scoliosis*



## How Scoliosis is detected.

*Apart from the outward signs with a teenager standing as illustrated, the reliable Forward Bend Test is used in the diagnosis of scoliosis.*

*This simple visual examination requires the teenager to stand with the feet together and parallel and bending forward as far as she can go with the hands, palms facing each other, pointed between the two big toes.*

*In scoliosis, one side of the upper chest (thoracic) region or the lower back (lumbar) region will be more than 1cm higher than the other. The prominence is most often on the right side in the thoracic region.*

*If the difference between the two sides is less than 1cm, it is highly unlikely that a significant curvature is present and the difference is simply due to asymmetrical growth of the two sides of the body.*

*This is called torso asymmetry and is of no significance.*

## What about brothers and sisters?

Scoliosis tends to run in families. When a curve is detected in one member of the family, other children should also be examined by the family doctor. If there is a history of a blood relative, especially a female cousin, having been treated for scoliosis by brace wearing or surgery, then this strengthens the case for spinal examination as a regular health check between 10 and 13 years of age.

Scoliosis which requires treatment is far less common in boys than in girls. The ratio of boys to girls requiring treatment is about 1 to 10.

## Is treatment successful?

Yes, modern methods produce excellent results when a curve is detected early. In most cases an inconspicuous spinal brace is worn. Surgery is needed in only one out of three cases which require treatment.

There is no scientific evidence that physical therapy (exercise programs) and spinal manipulation (chiropractic adjustments) will either correct a scoliosis or halt its progression.

## What will happen if Scoliosis is not treated?

The curve may increase unnoticed during the growing years. Moderate and severe curves may also increase in adult life.

Some curves may increase with pregnancy. Severe pain, physical deformity and wear and tear arthritis may occur during middle life. Early detection is important for a healthy future.

## How do you detect Scoliosis?

Simply look for it! It only takes 30 seconds.



Scoliosis Australia is a project of the Spine Society of Australia



The Scoliosis Australia website is supported by a donation from Evolution Surgical



Visit our website [www.scoliosis-australia.org](http://www.scoliosis-australia.org)



# From the Uniform Shop

## Have you got your winter uniform sorted for your child to start Term 2?

- **Blazer orders are now overdue.** Please send in your order as soon as possible as we may not be able to guarantee the requested size.
- Tights are in stock for \$7 each. Sizes available: Mids, Talls and Extra Talls.

If you would like to place an order, please print off the form (see last two pages of this Newsletter) complete and drop the order form, with payment, into the Student Office payment box. Alternatively, email your order to: [stcolumbasuniformshop@parra.catholic.edu.au](mailto:stcolumbasuniformshop@parra.catholic.edu.au)

**Chantal Morris & Kerri Eisenhuth**

# From the Library

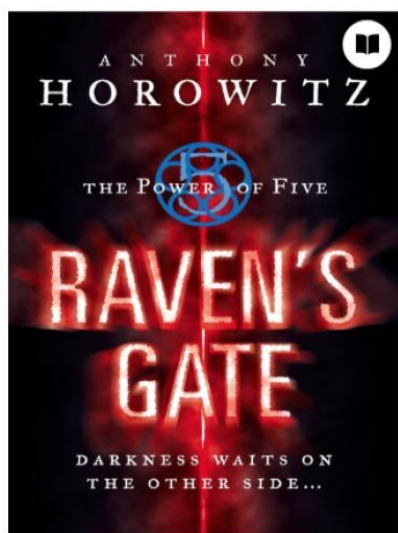


## Student eBook Of The Week



Secondary Schools

Mar 18 2019



<https://goo.gl/Hgo4Hj>

Years 7 - 9

A chilling series from Anthony Horowitz!

Matt has always known he has unusual powers. Raised in foster care, he is sent to Yorkshire on a rehabilitation programme, only to find himself in the midst of sinister goings-on. Matt investigates and uncovers a terrible secret – eight guardians are protecting the world from the Old Ones, beings banished long ago by five children.

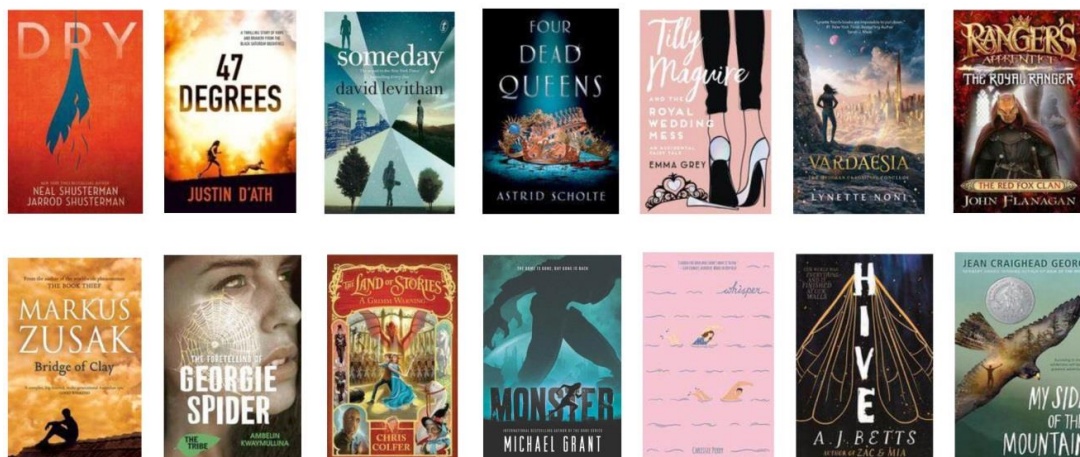
ACEN OverDrive  
Audio & eBooks

learning exchange



## SOME OF OUR NEW TITLES FOR TERM 1

**Mrs Belinda Sefton**  
Teacher Librarian





## TERM 2 ACTIVITIES, 2019



### Young People

#### DUNGEONS & DRAGONS

with Ian Zammit

Join us for a weekly D&D game series played out over five sessions. Jump straight into a game with your own 1st level character or create a new one. Hone your new D&D skills and get great tips from Ian. Open to all girls and guys keen to join a new party of D&D players, in a bold new adventure.

**WHO:** Students in Year 7 and above  
**WHEN:** Mondays, 4.30-6.30pm  
(27 May, 3, 17, 24 June & 1 July)  
\*24 June session runs 5.30-7.30pm

**TICKETS:** \$65 per student for 5 sessions.



### Infants & Pre-schoolers

#### Baby Time

For babies 0-2 years old, mums, dads and carers.  
**PENRITH** Mondays, 10.30-11.30am

#### Story Time

For Children 3-5 years old

**ST MARYS** Tuesdays, 10.30-11.30am  
**PENRITH** Wednesdays, 10.30-11.30am  
**ST CLAIR** Thursdays, 10.30-11.30am

Find our weekly Story Time themes here - [penrith.city/younglibrary](http://penrith.city/younglibrary)

#### Toy Library

Play with and borrow educational toys 10am - 12pm each week before Story Time at Penrith, St Marv's and St Clair libraries



### Children

#### CHESS CLUB

with Sydney Academy of Chess

Great fun for all ages no matter if you're a beginner or a pro. Learn the basics and challenge a new player each week. Take your chess game to another level with great instructors who share the inside scoop on great chess game play!

**WHO:** Students in Grades 1 and above  
**WHEN:** Thursdays, 4.15-5.15pm  
(2 May-4 July 2019)

**TICKETS:** \$80 for a 10 week term

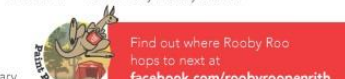


### SPECIAL EVENT

#### NATIONAL SIMULTANEOUS STORY TIME

Join us for the 2019 National Simultaneous Story Time event and read the featured title, 'Alpacas with Maracas' by Matt Cosgrove, at the same time as children all over Australia. You are invited to dress up as your favourite Alpaca character or bring along your favourite instrument to join our story reading band.

**WHO:** 2-5 year olds  
**WHEN:** Wednesday 22 May, 10.30am  
- get there early, we're starting at exactly 10.30!  
**WHERE:** Penrith City Library branch



Find out where Rooby Roo hops to next at [facebook.com/roobyrooaustralia](http://facebook.com/roobyrooaustralia)

## OUR COLLECTION HIGHLIGHTS

### eRESOURCE FEATURE

#### ZIPTALES: CHILDREN'S LITERACY ONLINE

Hey, check out Ziptales online and have fun reading over 500+ free, interactive stories with voiceovers, animations, games and quizzes! Stories and activities are divided into three literacy levels for Preschool, Developing Literacy (F-2) and Extending Literacy (3-6) so you can choose the reading that is just right for you! Use your library card to access Ziptales from home, school or the library! Have fun and watch your reading soar!

**WHO:** Preschool - Year 6 students  
**WHERE:** Find Ziptales in the library catalogue under the eResources tab  
**HOW:** Use your library membership number and password to log in and get started!



Penrith City Library has great e-resources for children and young people. Find more at [penrith.city/younglibrary](http://penrith.city/younglibrary)

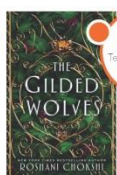
### NEW TO THE COLLECTION

#### For Young People



**Annex**  
by Rich Larson

Find me on the shelf at Teenage Fiction LARSON



**Gilded Wolves**  
by Roshani Chokshi

Find me on the shelf at Teenage Fiction CHOKSHI



**A Lot of Stuff Happens**  
by Adrian Beck, Oliver Phommavanh, Will Kostakis, Andrew Daddo

Find me on the shelf at JF PRC3-4 STUFF



**Bird to Bird**  
by Claire Saxby

Find me on the shelf at JF PRC3-4 SAXBY

#### For Preschoolers



**Blast Off**  
by Shelly Unwin

Find me on the shelf at EASIES UNWIN



**We Are Together**  
by Britta Teckentrup

Find me on the shelf at EASIES TECKENTRUP



**LIKE US ON FACEBOOK**  
to keep up to date with all of our events and activities  
[facebook.com/penrith.city.library](https://facebook.com/penrith.city.library)

PENRITH

LIBRARY

**orbit**

AUTUMN 2019 • ISSUE 3

### FOR CHILDREN & YOUNG PEOPLE

## FOX TALES A NEW ONLINE ADVENTURE!

Ready take a new online adventure?

We'd like to introduce Fox Tales, a new online platform for young people, showcasing Penrith City Library's teen collections and digital features.

Fox Tales invites you on an adventure through online e-books and links you directly to the e-resources you'll use most, including audiobooks, e-magazines, online databases and study help from tutors.

You have 24/7 online access right at your fingertips and the library travels with you anywhere, all you need is a Library membership.

Designed specifically for young people by four talented emerging artists, Fox Tales was developed as part of our digital maker space program (DIG) which is produced in partnership with Create NSW, TAFE NSW, Penrith Performing and Visual Arts and Western Sydney University. Make Fox Tales your jumping off place and delve deeper into what we have available for young people online.



The Project Team: Wesley Stormes, Daniel Portelli, Corey Day and Nathaniel Morrison.  
Fox Tales Mentor: Penny Robinson

### CONGRATULATIONS PRIZE WINNERS

#### Curious Creatures Summer Reading Club

Congratulations to the 160 participants in the 2018/19 Curious Creatures Summer Reading Club (SRC) Challenge.

Special guest, Rooby Roo, visited the SRC prize draw to remind us about the fun of reading and to congratulate this year's age category prize winners drawn on Wednesday 20 February 2019. Each winner received a \$20 book voucher and a library goodie bag. Keep up your curiosity and reading in 2019!

**SRC PRIZE DRAW CATEGORY WINNERS**

**BOOKMARK**  
FOX TALES TO YOUR DEVICE TODAY AND JUMP INTO AN ONLINE LIBRARY ADVENTURE



## RECOMMENDED READING FROM YOU



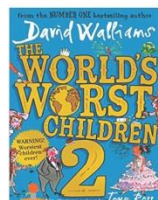
### RECOMMENDED BY: DIYA, 5YO

Find me on the shelf at EASIES WEBB

**Title:** The Junkyard Dragon by Beth Webb

**Who should read this book:** Preschoolers

This book is about Daisy who wants a real live dragon for a birthday present. I loved Daisy and her family because they are trying to find a dragon to make Daisy happy and Mum is making different and colourful dragon food with veggies.



### RECOMMENDED BY: KAARUNYA, 11 YO

Find me on the shelf at JF PRC 5-6 WALLIA

**Title:** The World's Worst Children 2 by David Walliams

**Who should read this book:** Anyone old enough to read

This book is about the world's worst children and the mischief they always get up to... sorry, no spoilers! I loved the unforgettable humour which made me laugh my head off! I definitely give this book 5/5 stars!



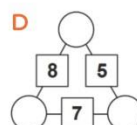
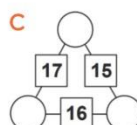
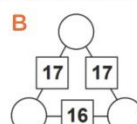
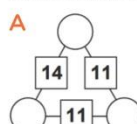
**HEY!**

Go to [surveymonkey.com/r/OrbitBooks](https://surveymonkey.com/r/OrbitBooks) and tell us about your favourite Autumn read. You may find your review in our next edition of Orbit!

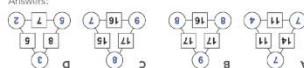
## GET PUZZLED

### ARITHMAGON

Try and work out which numbers go in the empty circles. The numbers in the square boxes are made by adding together the numbers in the circles on either side.

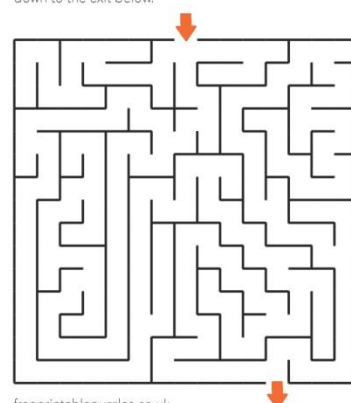


Answers:



### MAZE

Find a way from the top of the maze, down to the exit below.



[freeprintablepuzzles.co.uk](http://freeprintablepuzzles.co.uk)



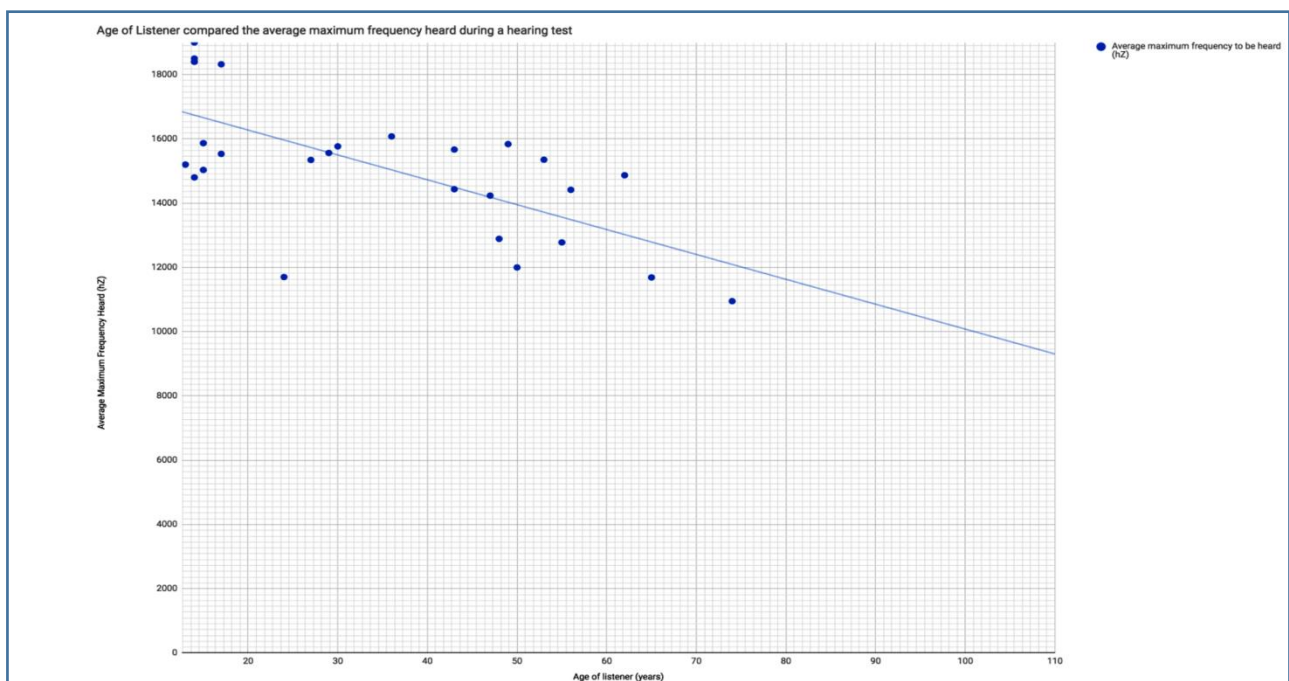
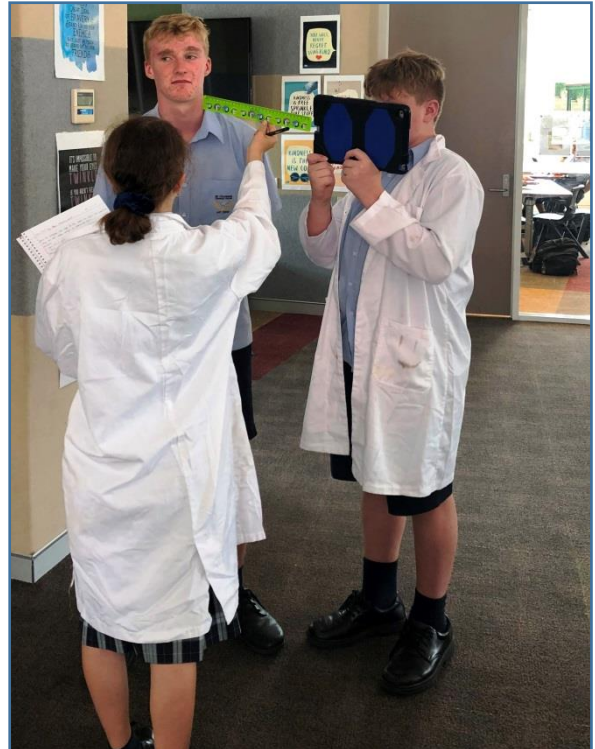
# Student News

## Are you hearing me?

On Tuesday 12<sup>th</sup> March in Science, we tested how the age of the listener can impact the frequency they can hear. To do this we went around to different teachers and students. We measured 30cm from their head, then used an app called *F Generator* to test hearing by going up in frequency until they couldn't hear it anymore. We tested each person three times to calculate an average.

So far, we have discovered that on average, the older a person is, the lower the frequency they can hear- most of our teachers, who were past 65, could hear less than 11,500hz, whereas the teachers under 30 could hear over 15,000hz. Some of the students could even hear beyond that!

**Amy Staton and Sean O'Riordan, Year 9**





## Cross Country Thursday 21<sup>st</sup> March, 2019





# Facebook Posts



St Columba's Catholic College Celebrates  
St Columba's Catholic College Students



Year 7 Retreat Day

Based on the the Gospel Parable of the Talents, students reflected on how to better use their gifts to build relationships and so build a stronger and more united St Columba's community.

The photos included show Year 7 explaining their 3D models symbolising what helps to build relationships and those aspects of life that weaken or obstruct relationships. Encouragement, optimism, gaining knowledge and wisdom, teachers, service and compassion were examples of what students said facilitated positive relationships.

Students were quick to add that being distracted by phones, social media, cruel and harsh words, and a judgemental attitude caused relationships to be broken and undermined the spirit of St Columba's to 'act justly, love tenderly and walk humbly with our God'.

We celebrated in the afternoon with a prayer service focused on the positive commitment we make to ourselves and each other.



Last week we had to say goodbye to our Japanese exchange student Rino Nakamura after spending one year with us. On Friday we had a farewell lunch and Rino was presented with some College mementos and her certificate recognising her completion of the exchange program.

Rino flew out of Sydney on Saturday and arrived home later that night. Her parents sent an email saying how very grateful they are to Rino's host families, teachers and friends for their care and support of their daughter.

Rino, thank you for being a great part of our College and we wish you the very best for your future!



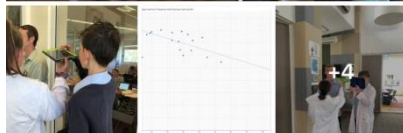
Tomorrow, Mario Kart races will take place during lunchtime at Moran Hall. Simply show up and play, with your 50c entry which will be contributed to Project Compassion. Happy racing!



Watch out - Scientists about! Currently Yr 9 Science students are conducting an investigation into hearing ability and age - is there a link?

"Today in Science we tested if the age of the listener can impact the frequency they can hear. To do this we went around to different teachers and students, we measured 30cm from their ear, then used an app called F Generator to test hearing by going up in frequency until they couldn't hear it anymore. We tested each person 3 times to calculate an average. So far we have discovered that on average, the older a person is, the lower the frequency they can hear - most of the teachers who were past 65 could hear less than 11,500hz, where as the teachers under 30 could hear over 15,000hz. Some of the students could even hear beyond that!"

(Amy Staton and Sean O'Riordan, year 9)



Last Friday Year 10 students sailed around Sydney Harbour examining the changes in urbanisation and land use patterns overtime. It was an enlightening and thoroughly enjoyable experience for our students.



## BULLYING, NO WAY!

Students across Australia are being called to take action against bullying this Friday 15th March in the National Day of Action Against Bullying and Violence.

This Friday, St Columba's Catholic College will show that we stand united against both bullying and violence.

We are asking all students to participate by wearing a pair of unique socks. These socks are symbolic of inclusion and diversity in our College community. Even though we are all different, we stand together to say NO to bullying and violence.

Students are encouraged to wear brightly coloured socks, character socks or different socks to their regular uniform socks (no inappropriate symbols or logos allowed). The rest of the College uniform must still be worn correctly.



Our College said NO to bullying today, showing our solidarity and unity on this National Day of Action! Crazy socks were out in force to symbolise our pledge of no bullying 🧦🧦



Yesterday our College came together for our school assembly. Mr Ryan spoke to our community about acknowledgement, tolerance and kindness.

We acknowledged the commitment of Mrs Higgins, Mrs Hewitt, Mrs Parsons, Mr Noney, Mr Taccori, Mr Evans, Mr Sattler, Mrs Ellis and Mr Ryan to teaching and education who received awards for 25, 35 and 40 years of service with Catholic Education.

We celebrated the success of our age champion swimmers and swimming carnival record breakers and we wish them the very best of luck at the PDSSSC swimming g carnival next Friday.

Mrs Noonan spoke to us about debating and Captivate opportunities.

We celebrated Harmony Day by acknowledging and celebrating the diverse cultures that make up the tapestry of our school community and Australia.



Meet your student leaders Friday recess (22/3) in the Presentation Space for more information! This is a great opportunity to spread love and awareness in your communities for a great cause!





# Careers News

## Very important information from UAC regarding university applications for 2020 APPLICATIONS ARE OPENING EARLY

Applications for study in 2020 will open on Wednesday 3 April. You'll be able to apply for undergraduate courses as well as Schools Recommendation Schemes, Educational Access Schemes and Equity Scholarships. [Read more.](#)

### WANT SOME ADVICE ON APPLYING FOR UNI?

We can help. Put 12.30pm Friday 29 March in your diary and [find out more.](#)

## ACCESS AND SCHOLARSHIP PROGRAMS

This year UAC's new Access and Scholarships Programs brochure has a summary of information on applying for access and scholarship programs through UAC. [Download the brochure.](#) Following is a summary of these schemes.

### EDUCATIONAL ACCESS SCHEMES (EAS)

Institutions acknowledge that difficult circumstances can prevent students from reaching their true academic potential, particularly if their educational performance has been affected by long-term disadvantage beyond their control and choosing and so offer [Educational Access Schemes \(EAS\)](#).

There are some changes to Educational Access Schemes (EAS) for 2019. [Find out more.](#)

### EQUITY SCHOLARSHIPS

[Equity Scholarships](#) help financially disadvantaged students with the costs associated with tertiary study. Details of requirements for individual scholarships can be found on participating [institution's websites](#).

### SCHOOLS RECOMMENDATION SCHEMES (SRS)

[Schools Recommendation Schemes \(SRS\)](#) are one way institutions make early offers of undergraduate admission to Year 12 students. They do this by using criteria other than (or in addition to) the ATAR. You must apply through UAC for undergraduate admission in 2019–20 to be eligible for SRS. [Find out how your school rates you.](#)

## SPECIAL ENTRY REQUIREMENTS

Certain undergraduate courses such as medicine, dentistry, health science and law require applicants to sit an admissions test for entry.

Check the course descriptions via the [undergraduate course search](#) or the My UAC app to find out if the course you're interested in has any special entry requirements.

### MEDICINE AND MEDICAL SCIENCES

Some institutions will require you to sit the University Clinical Aptitude Test (UCAT). [Find out more.](#) A summary of these requirements can be found in the [Medicine and Medical Sciences fact sheet](#).

### LAW

The Law Admission Test (LAT) is a selection test developed to assess the types of aptitudes and skills that are critical to success in undergraduate level law program at UNSW Sydney.

For students interested in studying law at UNSW in 2020, LAT 2019 will be held on **Thursday 3 October 2019**.

Visit the [LAT website](#) for further information.

## COURSE COMPASS

If you need help deciding which uni course to apply for, Course Compass could help.

Just answer a few quick questions about your HSC subjects and Course Compass will display the fields of study offered to recent applicants just like you.

It will also give you a list of institutions offering those courses.

[Try Course Compass.](#)

## UAC AT AN EVENT NEAR YOU

UAC's Community Engagement team is out and about visiting careers expos and tertiary study events throughout NSW and the ACT. [Check when they'll be in your area](#), then come along to find out about the ATAR, HSC subject choices and applying to tertiary study, including access schemes and the selection process.

## OPEN DAYS

Uni open days are a great way for you to get a feel for a campus, explore the student facilities and talk to current students and staff. Download this year's [list of uni open days](#).

<https://enews.uac.edu.au/t/ViewEmail/r/15D997C1F71638792540EF23F30FEDED/49BCDDB0BD21458EA0F01D70678E0DEE>

## **UNI**

### **UOW Scholarships 2019 Directory**

- Academic Scholarships
- Faculty Scholarships
- Work Integrated Learning Scholarships
- Corporate Scholarships
- Sporting Scholarships
- Equity Scholarships
- Accommodation Scholarships
- Community Scholarship

<https://www.uow.edu.au/content/groups/public/@web/@gov/documents/doc/uow252365.pdf>

### **Your Path to the University of Sydney 2019**

27 March. 6pm to 8pm

Novotel Parramatta, 350 Church St, Parramatta

**An information evening for students, parents and professionals interested in further study. Join us to find your path to the University of Sydney.**

At this information evening, you can find the answers to all your questions to make informed decisions as you progress, through school, onto university.

<https://www.eventbrite.com.au/e/your-path-to-the-university-of-sydney-2019-registration-56952031058>

### **Macquarie University - Year 12 Information Evening**

1 May and 26 June

We'll take you through our early entry program, courses, scholarships, pathway options and give you the opportunity to speak one-on-one with course advisers.

Parents are encouraged to attend. Register here:

<https://www.mq.edu.au/study/high-school-students/events>

### **UTS - The Galuwa Engineering and IT Experience**

Apply by 2 June

The Galuwa Experience, held in the July school holidays is a fantastic chance for young Aboriginal and Torres Strait Islander high school students to discover the opportunities a degree in engineering or IT can provide.

<https://www.uts.edu.au/about/faculty-engineering-and-information-technology/what-we-do/galuwa-engineering-and-it>

### **New Early Entry - Macquarie University**

Macquarie has a new early entry program on the way! Following feedback and consultation with schools and students, we are launching a new early entry program very soon.

We're still looking for students who are doing well at school and involved in service, leadership and extra-curricular activities within their community.

Be the first to know what's happening at Macquarie, including when this new early entry program open for 2020 entry by providing your details below. Plus, we'll keep you up updated on our events and activities. Visit here and complete to stay up to date:

<https://www.mq.edu.au/study/admissions/entry-requirements/domestic/macquarie-entry/global-leadership-entry-program>

## **University of Notre Dame Medicine Information Sessions**

**24 March. 10.00am – 12.00pm**

**21 May. 6pm or 7pm.**

**160 Oxford St, Darlinghurst ([map](#))**

Dreaming of a career in Medicine? Come along to our Doctor of Medicine Information Session and find out why Notre Dame is ranked the Number 1 University for Overall Quality of Educational Experience in Australia ([QILT](#)).

This session has been designed to provide you with an overview of our medicine program and our unique application process. You will also have the opportunity to meet academic staff and students, and tour our purpose-built campus.

As places are limited, please register your interest below or contact the Prospective Students Office on 02 8204 4404 or [sydney@nd.edu.au](mailto:sydney@nd.edu.au) for further information.

24 March register here:

<https://www.notredame.edu.au/events-items/medicine-information-session>

21 May register here:

<https://www.notredame.edu.au/events-items/medicine-information-session2>

### **University of Notre Dame – Getting to Know Nursing Evening**

**Tuesday 14 May. 6:00pm – 7:30pm**

**160 Oxford St, Darlinghurst ([map](#))**

Dreaming of a career in Nursing? Come along to our 'Getting to Know Nursing' event and find out why Notre Dame is ranked the Number 1 University for Overall Quality of Educational Experience in Australia ([QILT](#)).

At this session, you will have the opportunity to:

- Learn more about our nursing program and unique admission process
- Meet the Dean and other academic staff
- Chat to current nursing students about life at Notre Dame
- Explore our purpose-built Darlinghurst campus
- Apply directly on the day

Places are strictly limited. Please register below or contact us on 02 8204 4404 or [sydney@nd.edu.au](mailto:sydney@nd.edu.au) for further information.

<https://www.notredame.edu.au/events-items/getting-to-know-nursing>

### **ACU Elite Athlete and Performer Program**

The Elite Athlete and Performer Program (EAPP) is designed to give students who are top sporting or artistic performers the tools they need to achieve balance across their active and academic lives.

The program comes with a range of benefits, including:

- adjustment factors to your entry score
- early timetabling
- academic support (deferred exams, extensions, special considerations)
- access to travel grants and scholarships.

[https://www.acu.edu.au/student\\_experience/student\\_life/elite\\_athlete\\_and\\_performer\\_program](https://www.acu.edu.au/student_experience/student_life/elite_athlete_and_performer_program)



### ACU Passion for Business – Early Entry Program Now Open

Let your values create value. Our Passion for Business (P4B) program gets you guaranteed early entry into an ACU business course, so you can focus on completing school with the knowledge you've been awarded a place in the degree of your choice.

- ▶ an early conditional offer from ACU before receiving your ATAR/OP from the Tertiary Admissions Centre and prior to completing your final exams
- ▶ access to our Academic Skills workshops, CareerHub and networking events
- ▶ study abroad opportunities

[https://www.acu.edu.au/study\\_at\\_acu/pathways\\_and\\_entry\\_schemes/year\\_12\\_student\\_entry/passion\\_for\\_business](https://www.acu.edu.au/study_at_acu/pathways_and_entry_schemes/year_12_student_entry/passion_for_business)

### Uni of Canberra Schools Recommendation Scheme 2020

The Schools Recommendation Scheme (SRS) provides all current Year 12 students with an opportunity to secure an offer to UC if recommended by their school for admission to university. While all SRS applications are considered carefully, they do not guarantee an offer and are subject to meeting criteria and course quotas.

<http://www.canberra.edu.au/future-students/applications/apply-now/alternative-entry/schools-recommendation-scheme>

Courses to select from here:

<http://www.canberra.edu.au/future-students/apply-now/alternative-entry/schools-recommendation-scheme/documents/SRS-Course-List-2020.pdf>

### Civil Engineering - Road Designers in Traineeship

The Road Designer in Training program is available to people looking for a career in designing roads while at the same time studying towards a Civil Engineering degree. Trainees will be working on challenging road and infrastructure projects in NSW.

Intake every year. For more information, please contact [RDITcoordinator@rms.nsw.gov.au](mailto:RDITcoordinator@rms.nsw.gov.au).

<http://www.rms.nsw.gov.au/about/careers/working-with-us/employment-programs/road-designer-in-training.html>

### Study Medicine – March 19 Deadline Update for 59

### Australian University Degrees Leading to Medicine

Medicine degrees in Australia – don't forget important changes to ANU and UCAT applications for 2020 admission. For more information email:

[admin@studymedicine.com.au](mailto:admin@studymedicine.com.au)

<https://www.studymedicine.com.au/deadlines/>

Visit: Study Medicine

<https://www.studymedicine.com.au/>

## TAFE

### RMS Traineeships and Apprenticeships are offered in:

Traineeships and apprenticeships are offered across a number of different fields, including:

- ▶ **Business Administration Traineeship** (Sydney, Grafton, Port Macquarie, Wollongong, Ballina, Newcastle, Dubbo)
- ▶ **Civil Construction Traineeship Road Marker** (Grafton, Tamworth, Dubbo, Wagga, Hay)

- ▶ **Civil Construction Apprenticeships** (Cooma, Goulburn, Glen Innes, Hay, Narrandera,)
- ▶ **Bridge Carpenter** (Ballina, Newcastle, Bega, Goulburn, Wagga)
- ▶ **Signal Technician** (Russell Vale, Newcastle)
- ▶ **Plant Mechanic** (Broken Hill, Tamworth, Holbrook, Newcastle)
- ▶ **Painter** (Sydney Harbour Bridge)
- ▶ **Boilermaker** (Newcastle, Sydney Harbour Bridge)

More background information is at:

<http://www.rms.nsw.gov.au/about/careers/working-with-us/employment-programs/apprentices-trainees.html>

### HTN Inter School Culinary Competition

Newcastle, Ryde and Canberra

Great prizes to be won. This culinary competition will provide an opportunity for high school students who are studying hospitality to demonstrate their skill and capability. Competitions also have the capacity to enhance personal development, improve personal standards, support networking.

Info here: <http://htn.com.au/htn-acf-inter-schools-culinary-competition/>

Apply here: <https://form.iotform.co/62160732147854>

### Essential Energy Apprenticeships

If working outdoors and in a team environment is appealing to you, an apprenticeship with us may be the perfect way to kick start your career.

During your apprenticeship you will work towards a trade qualification while learning on-the job. Your apprenticeship journey will be supported by a great crew and a professional training team.

If you would like to express your interest in our 2020 Apprentice intake, [please register online](#). We will then keep you up to date on when applications open.

[https://www.essentialenergy.com.au/careers/apprenticeships?fbclid=IwAR15NDniwqTy8\\_DI6SYsRWXApDKKqY4AOnxLxBwZLr1RFmdvD44WK47fLvc](https://www.essentialenergy.com.au/careers/apprenticeships?fbclid=IwAR15NDniwqTy8_DI6SYsRWXApDKKqY4AOnxLxBwZLr1RFmdvD44WK47fLvc)

### School Based Traineeship for Indigenous Students

We currently have School based traineeships available in with leading National companies like QANTAS, ANZ, Australia Post and many others. Apply below or for any further enquiries please call 1300 669 859.

<https://maxima.com.au/jobseekers/indigenous-employment/indigenous-careers/>

### ARC Group Training - Business Traineeships

ARC are here to make career development easy! We offer Business Traineeships for recent school leavers wanting to start their career in the Business world. As part of your traineeship, you will work full time in an office junior role, undertake a Certificate III in Business and get PAID! For more information call us on 02 8833 3999 or email your resume to: [recruit@arcgroup.com.au](mailto:recruit@arcgroup.com.au)

### Canberra Institute of Technology Course 2019 Guide

Training on most careers for an apprenticeship, certificates, diplomas and degrees. As the region's premier vocational education and training provider, Canberra Institute of Technology provides progressive and accessible education solutions using the latest technology and most up-to-date in learning capabilities, with options for flexible and online learning.

[https://cit.edu.au/study/course\\_guide](https://cit.edu.au/study/course_guide)

### Free Pre-Apprenticeship Courses

Apprenticeships R Us alongside My Trade Start is running pre-apprenticeship courses for automotive, construction and business during March. These courses run for two weeks followed by work placement and are NSW Government funded for individuals aged 15 to 24. These courses will be held at Auburn, Emu Plains, Parramatta and Hornsby. Positions are filling quickly. For more information, call 02 9891 6900.

### COLLEGES

#### Qantas Group Pilot Academy

We train our pilots to the highest standards and we can draw on almost 100 years of aviation experience. We want to help shape the next generation of pilots and that's why we're establishing the Qantas Group Pilot Academy. It will open its doors in 2019 with an initial intake of 100 pilots, and once it's fully established we aim to train up to 500 pilots a year.

We expect the typical entrants to be high school or university graduates with a strong academic performance. After 18 months of classroom, simulator and real world flight training you'll graduate. The training could lead to employment with one of the Qantas Group airlines, including Jetstar.

<https://www.qantas.com/au/en/about-us/our-company/pilot-academy.html>

#### TOP Career Edge - Law or Business - Theory and Experience Combined

**An important part of being ready to enter the workforce is building your practical professional skills. Here at TOP, we have a number of initiatives to help prepare our students for their careers. We call this TOP's Career Edge.**

We have a strong belief that your education is more than just what you learn in the classroom. Through TOP's career development programs, our students will be able to turn the theory they learn in class into real life experiences. These experiences will help shape our students to be outstanding candidates in today's highly competitive employment market. Find out more about TOP's career development opportunities on our website:

<https://www.top.edu.au/careeredge>

#### Whitehouse Fashion and Interior Design July Workshops

2 Short Street, Surry Hills

Photography for fashion

Fashion illustration

Design Portfolio

Design Illustration

<https://whitehouse-design.edu.au/workshops/>

#### William Angliss Institute – Leader in Hospitality, Tourism and Events Hotel Management

With around 23,000 students across Australia and world-wide enrolling each year, we offer a broad range of training and education programs including accredited traineeships and apprenticeships, certificates, diplomas and advanced diplomas, short courses, graduate certificates, bachelors and master degrees. Speak to

William Angliss Institute representatives to find out about the range of courses on offer. Call us on (02)91255110

<https://www.angliss.edu.au/?country=syd>

#### Kenvale College – Barista Course

Saturdays

38 High Street, Randwick

This is a great opportunity for students to acquire a qualified unit of competency during the holidays, and perfect for those who want to equip themselves with basic barista training to work in the hospitality industry. The course will include, but not limited to, preparing and serving tea and coffee, the origins of tea and coffee, fundamentals of using a coffee machine and milk frothing. Any questions, please contact us at

[enquiries@kenvale.edu.au](mailto:enquiries@kenvale.edu.au) / 02 9314 6213

For more information and to keep posted on events visit:

[https://kenvale.edu.au/news-events/short\\_courses/barista-courses](https://kenvale.edu.au/news-events/short_courses/barista-courses)

#### 1 Day Free Course Taster Days in Business, Social Media & Hospitality

13 April

Now Patrick Careers Academy (formerly St Patricks Business College) conduct a One Day Taster Course to get an in-depth idea of the course and outcomes that lead to your chosen career. Call Hank on 82529965 or text on 0411462937.

#### Construction White Card Courses Advance OHS

Do you need to complete a Construction White Card course for VET or Work Experience? Email [us.office@advanceohs.com.au](mailto:us.office@advanceohs.com.au) Phone 02 9635 4444 We also have public courses for school students at a discounted rate.

<http://www.advanceohs.com.au/>

### GENERAL

#### Australian Federal Police Entry Level

How to go about applying for entry level positions.

<https://www.afp.gov.au/careers/entry-level-recruit-policing-and-protective-service-officer-recruitment>

Join their Facebook Recruitment group for info and updates at:

<https://www.facebook.com/sharer/sharer.php?u=www.afp.gov.au%2Fcareers%2Fentry-level-recruit-policing-and-protective-service-officer-recruitment>

#### Teach in a Rural NSW School

Years 10 -12 who are interested in becoming a teacher in a rural NSW school? The NSW Department of education is offering scholarships to school students with a guaranteed permanent job, financial assistance throughout the course of study and 6,000 appointment allowance and \$7,500 per year of full time study. Head to this website to find out more:

<https://www.teach.nsw.edu.au/getpaidtostudy/teach-rural-scholarships>

Enter here to receive alerts and updates:

<https://nsw.us3.list-manage.com/subscribe?u=1b73da7775cca263240290668&id=c01c5cffe>



### Work Experience at the Australian Museum

Apply by 5 April

Every day at the Australian Museum is different. Our work experience program offers high school students the chance to explore a variety of careers including science and cultural research, education, public programming, curatorial and exhibition design, marketing, communications and corporate services. Work experience opportunities to students in Years 10, 11 and 12. For more information and the application form, visit:

<https://australianmuseum.net.au/get-involved/work/experience/>

### Employment Guide Chartered Accountants ANZ

Are you seeking to inspire your students to pursue a business, accounting or finance career? Featuring hundreds of employers, offering: graduate, vacation, internship and cadetship roles in accounting, business and finance.

<http://youunlimitedanz-guide.com/?cid=O~P~CareersGuide2019~CAANZ~201902>

### Meet People in These Different Finance Careers - Videos

Economist

<https://studentedge.org/career-life/find-a-career/economist>

Chartered Accountant

<https://studentedge.org/career-life/find-a-career/chartered-accountant>

Business Analyst

<https://studentedge.org/career-life/find-a-career/business-analyst>

Finance Broker

<https://studentedge.org/career-life/find-a-career/finance-broker>

### Next Step Program for Year 12s Science and STEM

Students who participated in the NYSF Year 12 Program have the option to attend the follow-up NYSF Next Step programs later in the year.

Held during school holidays in April and June/July each year, the Next Step Programs run in collaboration with our funding partner universities across Australia and our partners from the corporate sector, as well as particular research organisations. These programs are specifically designed for NYSF students to extend and develop their knowledge of courses, facilities, scholarships and accommodation on the different university campuses, allowing a comparison with campuses and colleges they saw on session in January.

<https://www.nysf.edu.au/programs/next-step/>

Applications for NYSF close 31 May

<https://www.nysf.edu.au/what-we-do/how-to-apply/>

### SpotJobs

Australia's fastest growing online job listings.

<https://www.spotjobs.com/>

### Work Experience Directory

Link for students to companies offering work experience.

Has more options for Victoria.

<http://workexperiencedirectory.com.au>

**Dr John Taccori**

**Careers Advisor**

### Schoolies Unearthed 2019 - Travel & Volunteer Overseas

Do something incredible to celebrate finishing high school! Grab your mates and find out more about Schoolies Unearthed 2019 and 2020 trips to Vanuatu, Nepal, Vietnam. Travel with a leader and explore an amazing new country, while giving back to a developing community. Applications open online at the link below or email [info@schooliesunearthed.com.au](mailto:info@schooliesunearthed.com.au).

<http://www.schooliesunearthed.com.au>

### Talent Development Project Foundation - Applications Open

Live Auditions will be held in Sydney between 9am – 5:00pm on the following dates:

**Tuesday 23rd April**

**Wednesday 24th April**

**Friday 26th April**

**Saturday 27th April**

The TDP are very excited to announce applications are OPEN for students to audition for the 2019/2020 program!

To be eligible, students must attend a NSW Public High School and be in Years 10-12 (min 15 years old).

All singers, songwriters, musical theatre performers and instrumentalists are welcome.

To apply, all performers need to submit an Online Application form and also complete the Principle & Contact Teacher Endorsement form.

If you have any questions, please don't hesitate to contact Alix on 02 9319 0503 or [alix@tdp.org.au](mailto:alix@tdp.org.au)

<http://www.talentdevelopmentproject.org.au/>

### 7 Paths to Computer Science Careers

Meet 7 people taking wildly different paths to a career in computer science, ending up in unexpected places

<https://careerswithstem.com.au/7-paths-computer-science-career/>

### Explore the Careers of Women STEM Leaders

These women are at the forefront of the industry. The program explores six dynamic female role models and their individual career journeys with companies on the cutting-edge of technological innovation in Australia.

<https://dayofstem.com.au/wis.html>

### Youth Off The Streets National Scholarship Program

Closes 12 April

The National Scholarship Program celebrates the talents and strengths of young people who exhibit extraordinary promise – but who lack the support and resources to fulfil their potential.

Every year over 20 young people throughout Australia are awarded Youth Off The Streets scholarships. They are granted up to \$6000 each to help them pursue further education and training – and work towards a positive future.

Apply here:

<https://youthoffthestreets.com.au/opportunities/national-scholarship-program-nomination-form/>

Details here:

<https://youthoffthestreets.com.au/programs/scholarship/>

# Diocesan News

INTO THE DEEP  
LEADING FOR MISSION

## Parent Retreat Day

“Do not be afraid”  
LUKE 5:10

DATE  
**MAY 1 2019**

TIME  
**9.30 – 2.30**

VENUE  
**ST JOSEPHS RETREAT CENTRE**

**33 BARINA DOWNS RD, BAULKHAM HILLS**

**CLICK TO REGISTER**

Join parents from the Parramatta Diocese in a day of personal TRANSFORMATION as you nurture faith through reflection, small group discussion and creative activities.

Explore the concept of WITNESS as you interact with Scripture, God, Self and Others.


FOR MORE INFORMATION:  
Donna Dempsey • 0407597426 • ddempsey1@parra.catholic.edu.au

  
Catholic Education  
Diocese of Parramatta

Springwood East Timor Support Group  
**INVITATION**

## 20th Anniversary Trivia Night

To aid educational and medical initiatives in Timor Leste



**Saturday 18th May 2019**  
7.00pm for 7.30pm start

**St Thomas Aquinas School Hall**  
168 Hawkesbury Rd, Springwood

*‘You are invited to dress in the Timor Leste colours of red, yellow, black and white. Come, join the celebrations.’*

Tickets available from:  
Pam Gorman: 02 4754 1160  
Email: [chrispamgorman@optusnet.com.au](mailto:chrispamgorman@optusnet.com.au)

BYO nibbles & drinks  
Sausage sizzle available

Tickets \$20 ea  
Tables of 8 to 10



I would strongly recommend women, who are often the decision makers on the day of the fire, to come in and sit down with Winmalee Neighbourhood Centre and learn about being prepared and becoming resilient.

Angela Langdon, Yellow Rock resident

**Next Workshop:**  
St Thomas Aquinas School, Hawkesbury Road, Springwood  
28th March 9 am - 3 pm and 29th March 9 am - 12 pm  
Lunch and childcare provided at no cost  
To book or get more information phone 47544050  
More workshops coming soon

**Women Skilled & Ready**  
An innovative Bush Fire Awareness, Safety and Skills Program for Women

This community program is a partnership between Winmalee Neighbourhood Centre and Winmalee Rural Fire Brigade with the support of a number of local community organisations and groups.

RFS Blue Mountains supports this initiative.

Funded under the Joint State and Commonwealth Natural Disaster Resilience program. "The views expressed herein do not necessarily reflect the views of the New South Wales government, unless the views expressed in the Project Materials have been publicly supported by the Government or a government agency."








For more events please go to: <http://parracatholic.org/events/>

Term 1 Volume: 47 No: 4

Email: [www.stcolumbas@parra.catholic.edu.au](mailto:www.stcolumbas@parra.catholic.edu.au)

Web: <http://www.stcolumbasspringwood.catholic.edu.au/>

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*Act Justly, Love Tenderly and Walk Humbly with our God*



# Community News

## GIVING BLOOD FEELS GOOD

Every donation can save three lives.

### Mobile Blood Service visiting: Springwood IGA Car Park

175 Macquarie Road, Springwood

**Tuesday 2 April 8.30am – 2.30pm**  
**Wednesday 3 April 12.00pm – 6.00pm**

**Drink up!** Have 3 or 4 glasses of water or juice in the hours before you donate  
**Eat!** Have a good sized breakfast or lunch  
**Please bring photo I.D.** with you

To make an appointment call **13 14 95**  
or visit [donateblood.com.au](http://donateblood.com.au)



*Do you play the tuba, trombone, euphonium or baritone?  
Keen to play a lower brass instrument but need help getting an instrument and/or tuition?  
Are you 10 to 19 years old?*

**You are invited to:**  
**Mountains Youth Band Lower Brass Open Rehearsal**  
When: *Tuesday 26th March*  
Where: *Uniting Church Hall, Lucasville Rd, Glenbrook*  
Time: *5:15 to 7:00pm*  
*Come along with your instrument and play some music with our band. All music and stands will be provided. Bring a friend!*



For more information contact Germaine 0431 953 217  
or email [mountainsyouthband@gmail.com](mailto:mountainsyouthband@gmail.com)

**KIDS CAN ACT**

## APRIL HOLIDAY WORKSHOPS

Mon 15th April Springwood Court	Tue 16th April Springwood Lewin St	Wed 17th April Penrith	Thu 18th April Springwood Court
<b>The Wizard of Oz</b> (Mini Musical) 9:00am - 5:00pm	1,2,3 Let's Make A Movie <b>The Girl in the Locked Room</b> 8:30am - 2:30pm	<b>Time for An Adventure</b> 8:30am - 1:30pm	<b>Fairylicious Fairies &amp; Mischievous Elves</b> 8:30am - 1:30pm
	<b>Puppetry</b> 2:30pm - 5:00pm	1,2,3 Let's Make A Movie <b>Mystery of the Whispering Trees</b> 1:30pm - 6:30pm (OLDER KIDS 9-15yrs)	<b>Drama Queen Makeovers</b> 1:30pm - 5:00pm
Tue 23rd April Penrith	Wed 24th April Springwood	<b>USE YOUR \$100 CREATIVE KIDS VOUCHER</b> Call Cathie 0414 475 158 <a href="http://www.kidscanact.com.au">www.kidscanact.com.au</a>	
1,2,3 Let's Make A Movie <b>The Girl in the Locked Room</b> 8:30am - 2:30pm	<b>Time for An Adventure</b> 8:30am - 1:30pm		
<b>Puppetry</b> 2:30pm - 5:00pm	1,2,3 Let's Make A Movie <b>Mystery of the Whispering Trees</b> 1:30pm - 6:30pm (OLDER KIDS 9-15yrs)		

## Gateway Family Services Parenting Group Programs Term 2, 2019



Program	Date & Time	Location	Registration
<b>Circle of Security</b> <i>Learn how to be a strong, wiser &amp; kinder parent with your kids. Suitable for parents of 0-12 year old.</i>	Every Tuesday 14th May - 25th June 9:30am - 11:30am <i>* Childcare Available</i>	Heatherbrae, Lawson 1 Benang Street, LAWSON, (located beside carpark behind Lawson Pub)	Gateway - 1300 316 746 (free call)
<b>Tuning In To Kids</b> <i>Emotionally Intelligent Parenting Learning to better talk &amp; understand your child to help manage your child's emotions &amp; behaviour.</i>	Every Monday 13th May - 3rd June 9:30am - 11:30am <i>* NO Childcare</i>	Blackheath RSL Cnr Station Street & Bundarra Road, BLACKHEATH	Gateway - 1300 316 746 (free call)
<b>1-2-3 Magic &amp; Emotion Coaching</b> <i>Learn how to understand &amp; manage your child's difficult behaviour. Suitable for parents with 2-12 year olds.</i>	Every Tuesday 21st May - 4th June 10:30am - 12:30pm <i>* Childcare Available</i>	Blaxland Uniting Church (Back Hall) 70-76 Old Bathurst Road, BLAXLAND EAST (Onsite parking available)	Gateway - 1300 316 746 (free call)
<b>Bringing Up Great Kids</b> <i>Learn about mindfulness &amp; reflection, promoting positive interactions, the meaning behind children's behaviour and ways in which parents can take care of themselves &amp; find support when they need it.</i>	To be Advised	To be Advised	Gateway - 1300 316 746 (free call)
<b>Let's Talk about ..... Siblings without Rivalry</b> <i>Discussion and practical tools for parents who want to help their children live well together so you can all live.</i>	Every Tuesday 14th May - 4th June 7:00pm - 9:00pm <i>* NO Childcare</i>	Gateway Family Services 70-76 Old Bathurst Road, BLAXLAND EAST (located in the Cottage beside Blaxland Uniting Church)	Gateway - 1300 316 746 (free call)
<b>Cool Little Kids - Anxiety Program</b> <i>For parents and caregivers with children aged 3-6 years who have developed, or are at risk of developing, an emotional disorder. Teaching skills to address factors that can lead to anxiety</i>	Every Wednesday 22nd May - 26th June 10:00am - 12noon <i>* Childcare Available</i>	Thrive Services 2 Station Street, KATOOMBA	Thrive Services - 02 4782 1555

For more information and Individual Flyers go to:  
[www.gatewayfamilyservices.org.au](http://www.gatewayfamilyservices.org.au) or [www.facebook.com/GatewayFS](https://www.facebook.com/GatewayFS)  
Gateway family services parent group program is funded by DSS and NSW FACS.  
Gateway works collaboratively with community partners to bring parent groups to communities from St Marys to Blackheath.  
Thanks to MMM for providing childcare for the Daytime groups.  
Gateway encourages, supports & respects diversity in families & communities. Our Groups are open to everyone.



## NATIONAL SCHOLARSHIP PROGRAM

Youth Off The Streets National Scholarship Program nominations are now open!

Do you have a motivated young person in your service who needs financial and personal assistance to reach their educational and/or training goals?

Nominations are invited from young people around Australia aged 16 to 21 with genuine talent, ability and determination in ANY education or training course!

#### What will a recipient receive?

- \$6000 towards education or training goals
- Staff support from the Scholarship team
- Community Mentor Support
- Networking opportunities

Help a young person achieve their dreams!

Applications close 12 April 2019.

#### MORE INFORMATION

Contact the Scholarship Team on 02 9330 3537 or [scholarships@youthoffthestreets.com.au](mailto:scholarships@youthoffthestreets.com.au)

[www.youthoffthestreets.com.au/programs/scholarship](http://www.youthoffthestreets.com.au/programs/scholarship)



# St Columba's Catholic College

## Uniform Shop Order Form

TUESDAYS only from 8am-2pm.

Telephone: 4754 8920

Email: stcolumbasuniformshop@parra.catholic.edu.au

Student's Name: \_\_\_\_\_ Homeroom: \_\_\_\_\_ Date: \_\_\_\_\_

Parent's Name/s: \_\_\_\_\_ Email Address: \_\_\_\_\_

	QTY	ITEM	SIZE	COST	TOTAL	OFFICE USE TAKEN	OFFICE USE LAYBY	OFFICE USE COMP
BOYS		Long Sleeve Junior Shirt (BLUE)		\$40.00				
		Long Sleeve Senior Shirt (WHITE)		\$40.00				
		Short Sleeve Junior Shirt (BLUE)		\$38.00				
		Short Sleeve Senior Shirt (WHITE)		\$38.00				
		Grey Trousers		\$55.00				
		Navy Shorts		\$45.00				
		Junior Tie		\$25.00				
		Senior Tie		\$25.00				
		Black Leather Belt (70cm,75cm,80cm,85cm,90cm,95cm)		\$20.00				
GIRLS		Blouse Junior (BLUE)		\$42.00				
		Blouse Senior (WHITE)		\$48.00				
		Skirt		\$67.00				
		Tights Mids / Talls / ExtraTalls		\$7.00				
UNISEX		Blazer		\$190.00				
		Wool Jumper		\$85.00				
		Cotton Jumper		\$75.00				
SPORT		Polo Shirt (Navy or White)		\$45.00				
		Shorts		\$35.00				
		Tracksuit (no mix & match of old & new)		\$150.00				
		Track jacket (size 10,12,14,16,S,M,L,XL)		\$90.00				
		Track pant (size 10,12,14,16,S,M,L,XL)		\$60.00				
EXTRA ITEMS		Baseball Cap – Cotton		\$3.00				
		Bucket Hat S/M L/XL		\$10.00				
		College Bag Chiropractic (Small)	S	\$75.00				
		College Bag Chiropractic (Medium)	M	\$85.00				
		Calculator (Sharp)		\$25.00				
		Food Tech - APRON		\$14.00				
		Food Tech - CAP		\$6.00				
		Science Goggles		\$6.00				
		Socks (Navy / White) 3 pack		\$15.00				
		Visual Arts Diary		\$10.00				
		Pre Loved Items						
REP SPORT		Football Shorts		\$27.00				
		Football Socks		\$15.00				
CASH	EFT	CHEQUE	TOTAL ORDER \$					

Prices as a Term 1, 2019 Subject to change without notice.

Payment should be cash, cheque **made payable to St Columba's Catholic College** or credit card.

☐ **Cash:** Enclosed is \$\_\_\_\_\_ (*Exact amount only please*)

☐ **Cheque:** \_\_\_\_\_

☐ **Credit Card:**

Please charge \$\_\_\_\_\_ to credit card

Card Number:

Name on Card: \_\_\_\_\_ Expiry Date: /

**RETURN COMPLETED ORDER FORM WITH PAYMENT TO THE STUDENT OFFICE**

**PAYMENT BOX**

**OR**

**EMAIL**

**stcolumbasuniformshop@parra.catholic.edu.au**

*Prices as of Term 1 2019, subject to change without notice.*